

Wiltshire Council

Health Select Committee

3 September 2019

**Chairman's Announcement
Wiltshire Obesity strategy Update and Legacy**

The Wiltshire Obesity Strategy (2016-2020) is a joint strategy for Wiltshire Council and NHS Wiltshire Clinical Commissioning Group. Strategic objectives were set with the aim to ensure everyone in Wiltshire is enabled to achieve and maintain a healthy body weight. Following an evaluation of the strategy a number of key findings and recommendations have been identified.

Adulthood obesity has decreased and is now 7% less than the regional and national average; there has been an increase of 7% in uptake of NHS Health Checks; the rise of childhood obesity has been successfully halted and there has been a reduction in the inequalities gap relating to obesity.

As the strategy is due to expire, options include: renewing of the current strategy, reviewing the strategic direction and producing a more specific 'legacy' action plan. Each option will ensure continued good practice and addressing gaps in service. The future direction of obesity prevention and management will focus on the overarching principle of a whole systems approach. The proposed next steps will entail developing a Healthy Weight Legacy Programme where we will implement 4-8 core programmes of work over the next 5 years with the aim of being more impactful.

Officers are available to provide a briefing to members of the Health Select Committee who would like further information on this report prior to consideration by Health and Wellbeing Board on 26 September. If you are interested in further briefing please contact Steve Maddern, Public Health Consultant, steve.maddern@wiltshire.gov.uk