

## Wiltshire Council

### Health Select Committee

11 July 2018

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### Task Group Update

#### Purpose

To provide an update on recent task group activity and propose any decisions requiring Committee approval.

#### 1. Child and Adolescent Mental Health (CAMHS) Task Group

Membership:

Cllr Phil Alford (Chairman)  
Cllr Clare Cape  
Cllr Gordon King  
Cllr Fred Westmoreland

*Supporting Officer: Natalie Heritage*

#### Terms of Reference:

That the CAMHS Task Group:

- a) Consider the governance arrangements for the recommissioned CAHMS service;
- b) Explore and understand the new CAHMS model in comparison to the existing model and consider the evidence base for any changes. Then where appropriate, make recommendations to support its implementation and effectiveness;
- c) Look at existing data and ensure that the new model's performance will be robustly monitored and benchmarked against this by the council, partners and by the proposed future scrutiny exercise;
- d) Consider access and referral points within the new CAHMS model and, as appropriate, make recommendations to maximise take-up by children and young people in need of support;
- e) Explore where CAMHS sits within the overall landscape of children and young people's mental health and, within this, consider whether prevention services are effective

#### Recent Activity

The task group has had several meetings since its last update to Committee. The first of these meetings was on 16 May 2018, where the task group received evidence in the form of a presentation from James Fortune, Lead Commissioner and Michelle Maguire, Oxford Health on the re-commissioned CAMHS model.

Discussion centred on improving the provision for 0-5 year olds and also 0-5 year olds with autism. It was detailed that this is a national issue, however, Health Visitors have a key role to play.

The meeting also discussed the national crisis around the shortage of in-patient beds and the task group were updated that there is a low rate of admission for in-patient beds in Wiltshire, although this responsibility does lie with NHS England and not the Wiltshire CCG.

The task group also raised the “one door access” design of the re-commissioned CAMHS model and how this functions when there are a host of agencies involved within CAMHS. Various sections of the re-commissioned model will become live at different times and the first change was implemented on 1 April 2018.

The task group also most recently met on 18 and 19 June, to conduct interviews with the WPCG, as well as with teachers and pupils from Hardenhuish School, Chippenham and a CAMHS psychotherapist. These interviews provided really useful insight into how CAMHS is functioning on the ground.

At present, the key themes emerging from the interviews are:

- The transition between CAMHS and adult mental health needs to be improved
- The re-commissioned model has the correct aspirations, however, communication between agencies and stakeholders needs to be improved for the model to reach its full potential
- CAMHS cannot be easily accessed if an individual does not go through the “front door”
- The Thrive Hubs are a great design and their community intention needs to be capitalised on, for example, feeder primaries utilising their secondary school’s CAMHS resources, so that CAMHS can be delivered closer to the community

The task group have an idea of potential recommendations that they may include in their final report and they are going to conduct further interviews to help triangulate this evidence.

The task group has also agreed that its Forward Work Programme will need to become fluid following knowledge gained from the interviews and the aim for the September meeting will be to discuss findings from the interviews with the Executive and Commissioners.