

## Wiltshire Council

### Health Select Committee

5 March 2019

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#### **Executive Response to Part One of the Final Report of the Children and Adolescent Mental Health Service (CAMHS) Task Group**

#### **Purpose of the report**

1. To present the response of the Cabinet Member for Children, Education and Skills and the Wiltshire CCG to the Final Report – Part One of the Children and Adolescent Mental Health Service (CAMHS) Task Group.

#### **Background**

2. As this task group was joint between the Health Select Committee and Children's Select Committee the final report of the task group and the executive response have been considered by both committees as detailed in paragraphs 3 to 10 below.
3. Health Select Committee considered the CAMHS Task Group's Final Report at their [18 December 2018](#) meeting.
4. The Health Select Committee members were encouraged and supportive of all the recommendations put forward and emphasised the national need for SEND provision to be considered across an individual's life-time, as opposed to 0-18 years and then 18 years plus. Members also shared the task group's view that communication and transition arrangements between children and adult mental health services would help to deliver even greater mental health outcomes in the county.
5. The Health Select Committee asked the Task Group to add 'and previously looked-after children' to their recommendation two, as per the below:
  - 2) **Research and identify if children and young people who are considered as LAC (and previously looked-after children) or with SEND are more likely to have a mental health need and this information to be used as part of service improvement through:**
    - a) **For CAMHS therapists/clinicians/practitioners to be given greater training around engaging with children and young people with SEND, especially those who are non-verbal**
    - b) **For LAC and children and young people with SEND to be treated by CAMHS up to the age of 25, if they first approach CAMHS when they are in full-time education.**

6. The Health Select Committee resolved to refer the Task Group's recommendations to the relevant Cabinet member and the Wiltshire CCG for response at the Children Select Committee at its 8 January 2018 meeting.
7. With the agreement of the relevant Select Committee Chairmen and the Chairman of the CAMHS Task Group, the Final Report (Part One) and comments from Health Select Committee's debate were circulated to members of the Children's Select Committee.
8. On [8 January 2019](#), the Children's Select Committee considered:
  - a) the task group's Final Report
  - b) the comments and resolution from Health Select Committee; along with
  - c) the Executive Response to the task group's Final Report.
9. At its meeting on 8 January the Children's Select Committee debated and resolved as follows:

The Committee received a report which set out the response of the Cabinet Member for Children, Education & Skills and the Wiltshire Clinical Commissioning Group (CCG) to the Final Report - Part One of the Children and Adolescent Mental Health Service (CAMHS) Task Group.

The Cabinet Member reported that all the recommendations had been accepted except for recommendation 2(b) which stated:-

"For LAC and children and young people with SEND to be treated by CAMHS up to the age of 25, if they first approach CAMHS when they are in full-time education."

The Cabinet Member explained that transitions for young people with additional vulnerabilities (e.g. living in care, SEND) were recognised as needing review. It was planned to research good practice and work with providers over their transitions protocols to determine what steps would be required to make improvements. Current national policy, contractual arrangements and funding streams did not allow for an expansion of the CAMHS Service for all SEND young people up to the age of 25, resulting in officers being unable to implement this recommendation in full in the immediate future. National NHS planning guidance for 18/19 was expected to request dedicated mental health pathways for 17 to 24 year old people.

During discussion, Members expressed the view that schools should be made aware of this problem and consideration should be given to investigating ways in which they could be engaged. It was reported that information was set out

on the Council’s website and that this was being brought to the attention of schools. This was of course available to the general public to view. Suitable publicity material had been sent to schools and it was recognised that a sustained campaign was required, including the use of social media. It was suggested that this matter, entitled Pathways of Support for Young People be the subject of a briefing session to this Committee later in the year.

**Resolved:**

To submit the comments from this Committee regarding the Executive Response to the Health Select Committee at its meeting on 5 March 2019.

To endorse the Executive Response to the CAMHS Task Group report.

10. The Children’s Select Committee also asked the Task Group to add a further recommendation to their report, which is as follows:

**7) When the Task Group reconvene for their Part II exercise, for them to consider alongside their outstanding Terms of Reference how the Local Transformation Plan, as well as the third sector, aim to provide preventative services to children and young people in Wiltshire and to identify where there are any gaps in provision.**

**Executive response to the Task Group’s recommendations**

<p><b>Recommendation No.1</b></p>	<p><b>In order to reduce the numbers of children and young people who reach crisis point before receiving help and support for their mental health, to consider:</b></p> <ul style="list-style-type: none"> <li><b>a) Developing a specific “prevention partnership” between schools, CAMHS, social workers and EWOs which seeks to offer and prioritise holistic help and support for those children and young people suffering with low-level mental health problems</b></li> <li><b>b) Ensuring that more online resources are available for children and young people to access, if they are struggling</b></li> <li><b>c) Ensuring that low-level support is well advertised and delivered in the community; so that mental health support receives strong promotion amongst young people, such as at schools, afterschool and community events and online, to ensure that</b></li> </ul>
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	<p>children and young people are aware of the support available</p> <p>d) Direct support and adequate sign-posting to be provided to all those who are making a referral to CAMHS on behalf of the child/young person, to help better manage expectations and alleviate the challenge of accessing CAMHS, whilst at the same time helping to ensure that children and young people can access the right help when they need it.</p>
<b>Reason for recommendation</b>	To reduce the numbers of children and young people who reach a crisis point, before receiving help and support for their mental health.
<b>Cabinet member and Wiltshire CCG Lead</b>	<p>Cllr Laura Mayes</p> <p>Lucy Baker</p>
<b>Executive response</b>	<p><b>Wiltshire CCG &amp; Wiltshire Council</b></p> <p><b>1A, B, C, D = Accepted</b></p> <p>The recommendations are welcomed and reflect a national drive to deliver earlier intervention to children and young people in their communities.</p> <p>a) 'Prevention Partnerships' mirror the principles of NHS England's Mental Health Support Teams trailblazer (as detailed in the 'Transforming children and young people's mental health provision: green paper'). 'Prevention partnerships' have the potential to evolve out of the CAMHS Wellbeing Team structure which has staff embedded in social care teams and schools. The NHS planning guidance for 18/19 is due after December 21<sup>st</sup> but it is expected to prioritise prevention across mental health services with a focus on integration between schools, social work and health. This is likely to include service provision during school holidays. Additional transformation money may be available to support delivery.</p>

	<p>b) Online resources. There is increasing use of the Kooth online counselling tool. Alternatives will be sought in addition. Development work of the local On Your Mind website is due; this Wiltshire website signposts young people to local and national sources of online, telephone and face-to-face support. Oxford Health CAMHS also has a new website, still under development, which includes tools for professionals such as Harmless (re: self-harm concerns). We welcome this recommendation and are ambitious to align it with Wiltshire's Digital Strategy.</p> <p>c) A communications strategy for early support, as well routes into specialist CAMHS, is required. To date, this has been intermittent and will be addressed through the creation of a children's mental health and wellbeing communications strategy, to be delivered in partnership with Public Health, Wiltshire Council, Wiltshire CCG and Oxford Health communications teams. The plan will be monitored through the FACT Integrated Mental Health Group.</p> <p>d) The Access Coordination function is now operational within Wiltshire CAMHS. This service has received positive feedback from GPs and schools. Through contract monitoring and stakeholder engagement we will be able to report on its effectiveness, whether capacity can meet demand, and what other resource might be required.</p>
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<p><b>Recommendation No.2</b></p>	<p><b>Research and identify if children and young people who are considered as LAC (and previously LAC) or with SEND are more likely to have a mental health need and this information to be used as part of service improvement through:</b></p> <p><b>a) For CAMHS therapists/clinicians/practitioners to be given greater training around engaging with children and young people with SEND, especially those who are non-verbal</b></p> <p><b>b) For LAC and children and young people with SEND to be treated by CAMHS up to the age of 25, if they first approach CAMHS when they are in full-time education.</b></p>
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<b>Reason for recommendation</b>	To help improve the CAMH service being delivered even further.
<b>Cabinet member and Wiltshire CCG Lead</b>	Cllr Laura Mayes Lucy Baker
<b>Executive response</b>	<p><b>Wiltshire CCG &amp; Wiltshire Council</b></p> <p><b>The addition of: (previously looked-after children)</b></p> <p><b><i>Accepted</i></b></p> <p>Available evidence suggests a strong correlation between multiple vulnerabilities and poor emotional wellbeing and mental health. Greater scrutiny of this evidence will enable more effective commissioning and variations to the current contract where necessary. Such evidence will inform the strategic approach to meeting the needs of Wiltshire's youth population as detailed in the Local Transformation Plan. It will also inform the BSW Mental Health Strategy, which will cover all ages to help shape our future commissioning. The first draft of this strategy is due April 2019.</p> <p><b><i>2A = Accepted</i></b></p> <p>a) It is agreed that this is an area for development. Work will be carried out with Oxford Health to analyse need and source appropriate training. We are linking with the SW Region Clinical Network which also sees this as an area for development. We will work closely across the STP to build this work into our workforce development plans. In addition, Wiltshire CCG has funded for 15 months a dedicated CAMHS worker to join the No Wrong Door team to provide integrated support to children, young people and families. This post is due to commence January 2019. Its purpose is to divert young people and families in crisis from entering the care system.</p> <p><b><i>2B = Rejected</i></b></p> <p>b) Transitions for young people with additional vulnerabilities (e.g. living in care, SEND) are recognised as needing review. In the next 12 months,</p>

	<p>we will research good practice and work with providers over their transitions protocols to determine what steps are required to make improvements. Current national policy, contractual arrangements and funding streams do not allow for an expansion of the CAMH Service for all SEND young people up to the age of 25, resulting in officers being unable to implement this recommendation in full in the immediate future. National NHS planning guidance for 18/19 is expected to request dedicated mental health pathways for 17-24 year olds.</p>
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<p><b>Recommendation No.3</b></p>	<p><b>For there to always be continuity of care and the child/young person to be placed at the centre of any decisions which may arise due to boundary issues:</b></p> <ul style="list-style-type: none"> <li><b>a) Review if those children and young people who receive education in a different county to their home address are disadvantaged in their mental health care</b></li> <li><b>b) Actively ensure that relationships are established with other local authorities, so that there is always continuity of service, despite any boundary issues that the child/young person may encounter.</b></li> </ul>
<p><b>Reason for recommendation</b></p>	<p>To help ensure that children and young people can continue to access the support and help that they need, regardless of their personal circumstances, for example – each parent living in a different county, or attending school in a different county to their home address.</p>
<p><b>Cabinet member and Wiltshire CCG Lead</b></p>	<p>Cllr Laura Mayes Lucy Baker</p>
<p><b>Executive response</b></p>	<p><b>Wiltshire CCG &amp; Wiltshire Council</b></p> <p><b>3A = Accepted</b></p> <ul style="list-style-type: none"> <li>a) The recommended review will be helpful in determining where potential barriers to accessing care</li> </ul>

	<p>might exist, and where action needs to be taken to alleviate those difficulties.</p> <p><b>3B = Accepted</b></p> <p>b) Active relationships with other local authorities are assisted through the joint STP-wide commissioning model and, also, through regional development work coordinated by NHS England. Work will actively be undertaken to strengthen these links and will be addressed with the provider to ensure service-level relationships are in place to enable effective and efficient transfer of patients as and when required. In addition, planning has commenced for CAMHS services to be commissioned at an STP footprint level across BaNES, Swindon and Wiltshire (BSW) to support pathways across geographical boundaries.</p>
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<p><b>Recommendation No.4</b></p>	<p><b>Positive outcomes appear to have been achieved in all areas where a CAMHS worker has been embedded within the team. Therefore, to consider that where possible, all Wiltshire Council services that have regular contact with CAMHS to have a designated CAMHS worker embedded within the team.</b></p>
<p><b>Reason for recommendation</b></p>	<p>The task group believe that having a CAMHS worker embedded will help to encourage:</p> <ul style="list-style-type: none"> <li>• Greater communication</li> <li>• Good working relationships</li> <li>• Understanding of mutual service demands and structures</li> <li>• Placing the child/young person at the heart of care delivery and decision-making</li> </ul>
<p><b>Cabinet member and Wiltshire CCG Lead</b></p>	<p>Cllr Laura Mayes Lucy Baker</p>
<p><b>Executive response</b></p>	<p><b>Wiltshire CCG &amp; Wiltshire Council</b> <b>Accepted</b></p>



	<p>There is anecdotal evidence to suggest that embedded CAMHS workers in social care teams (and in schools) are having a positive impact on children's outcomes. We intend to extend this good practice once a formal review has been undertaken and impact is evidenced. The requirements of the NHS national guidance will also be reviewed to help co-produce with partner agencies and most importantly children, young people and families models of care, which delivers our espoused outcomes.</p> <p>Nevertheless, as of January 2019, there will be an additional full-time CAMHS therapist in the Children in Care team, and a part-time therapist allocated to the No Wrong Door project (as a pilot for 15 months as mentioned above). These are additional posts.</p>
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<b>Recommendation No.5</b>	<b>CAMHS to create a blue-print Mental Health Strategy, which all Wiltshire schools should use to develop/update their own Mental Health Strategy, based on the school's needs and in partnership with the Wiltshire Healthy Schools initiative.</b>
<b>Reason for recommendation</b>	To help ensure that the mental health children and young people is considered holistically and that Headteachers incorporate the mental health needs of their pupils into the strategic running of their school.
<b>Cabinet member and Wiltshire CCG Lead</b>	Cllr Laura Mayes Lucy Baker
<b>Executive response</b>	<p><b>Wiltshire CCG &amp; Wiltshire Council</b></p> <p><b><i>Accepted</i></b></p> <p>We would like to link this work to the Wiltshire Healthy Schools programme which already offers schools the opportunity to identify Mental Health Champions or leads, and a menu of resources from which to improve a school's early intervention offer. We will work with our CAMHS provider to develop the strategy.</p> <p>The CAHMS strategy will also need to be co-created with partner agencies and children, young people and families. It</p>

	will form part of the BSW Mental Health Transformation Vision and Strategy.
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<b>Recommendation No.6</b>	<b>As a matter of urgency, a pathway to be created which smooths the transition between CAMHS and adult mental health; so that continuity of care and support is achieved.</b>
<b>Reason for recommendation</b>	A large majority of the task group's evidence pointed to the need for a transition arrangement to be put in place between CAMHS and Adult Mental Health Services. Evidence showed that young people often spiralled downwards in their mental health, when they were unable to continue to access the support that they had been reliant on with children's services.
<b>Cabinet member and Wiltshire CCG Lead</b>	Cllr Laura Mayes  Lucy Baker
<b>Executive response</b>	<b>Wiltshire CCG &amp; Wiltshire Council</b>  <b><i>Accepted</i></b>  Work is already underway between Oxford Health CAMHS and the Avon and Wiltshire Partnership (delivering adult mental health services) to improve the transition pathway. There is an expectation within contracts that this pathway is improved and enhanced for service users. This work is being reported through contract management. However, it will now also be a main focal point for the FACT Integrated Mental Health Group and is welcomed as a recommendation. We are pressing for this pathway to be finalised by April 2019.

<b>Recommendation No.7</b>	<b>When the Task Group reconvene for their Part II exercise, for them to consider alongside their outstanding Terms of Reference how the Local Transformation Plan, as well as the third sector, aim to provide preventative services to children and young people in Wiltshire and to identify where there are any gaps in provision.</b>
<b>Reason for recommendation</b>	Alongside the Local Transformation Plan, the Children's Select Committee felt that many voluntary organisations across Wiltshire help to provide

	<p>preventative mental health services to children and young people. As the task group had not yet engaged with any voluntary organisations, it was therefore seen as important for the task group to involve the third sector in their future research around preventative services.</p>
<p><b>Cabinet member and Wiltshire CCG Lead</b></p>	<p>Cllr Laura Mayes Lucy Baker</p>
<p><b>Executive response</b></p>	<p><b>Wiltshire CCG &amp; Wiltshire Council</b></p> <p><b><i>Accepted</i></b></p> <p>A collaborative commissioning exercise is about to be undertaken to better understand any gaps in knowledge, skills, training, and resource for the prevention offer around children and young people’s emotional wellbeing and mental health in Wiltshire. This work will be delivered within the system-wide FACT programme to develop a more effective early help offer to children, young people and families.</p>

11. Wiltshire CCG and Wiltshire Council have welcomed the opportunity of this scrutiny exercise. It has brought into focus key areas of development to improve the offer of support earlier, and for those in most need.

## **Proposal**

### **That Health Select Committee resolves to:**

12. Note the comments and resolutions from the Children’s Select Committee meeting on 8 January 2018;
13. Note the executive response to the Final Report – Part One of the CAMHS Task Group.

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**Cllr Laura Mayes, Cabinet Member for Children, Education and Skills**  
**Lucy Baker, Wiltshire CCG – Lead for Children and Adolescent Mental Health**

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