

Wiltshire Council

Health Select Committee

25 June 2019

Subject: Adult Social Care Transformation Phase 2 Mental Health and Learning Disabilities Update Report

1. Purpose of Report

This paper seeks to highlight the work being undertaken as part of the Adult Social Care Transformation Phase 2.

Readers will be aware; Adult Social Care undertook a phased approach to transforming services in 2017/18. Phase one primarily focused on:

- Adult Social Care Front Door including
- Safeguarding and the implementation of the Multiagency Safeguarding Hub
- Reablement

Adult Social Care Transformation Phase 2, will therefore, focus primarily on developing services for individuals with a Learning Disability and Mental Health disorders who require care and support under the Care Act 2014.

Wiltshire Council, Adult Social Care Operations and Wiltshire Clinical Commissioning Group (CCG) also understands services for individuals with Autism or those who are on the Autism spectrum are limited and therefore, further work is required to fully understand the needs of these services users and as result they will also form part of the second phase of transforming adult social care services.

Wiltshire CCG is also leading work to create a BaNES, Swindon and Wiltshire (BSW) all age mental health strategy, which continues to engage with local authority partners, people with lived experience and their families and carers. The current commissioning gap regarding provision for people with LD/ASD is a key priority area.

2. Background

Adult social care recognises the work undertaken by FACT, the Families and Children's Transformation programme (Whole Life Pathway, workstream) in 2018, which identified through co-production concerns by service users and their carers who had or were due to transition from children's services to adult's services who described the experience as a 'cliff edge'. Therefore, it has chosen to utilise the already existing work developed under FACT and its governance structure to continue to build upon this model by bringing the service redesign and Adult Social Care Transformation Phase 2 in align with FACT: Whole Life Pathway workstream.

Adult social care recognises the need to modernise its current offer to ensure it is able to provide an equitable service for individuals who may not have a diagnosed Learning Difficulty but may have significant cognitive and or neurological conditions, such as those on the Autism Spectrum.

This is particularly important given the emerging data which states the majority of children and young people who are likely to transition from Families and Children's social care to Adult social care have an Autism diagnosis and currently there is no clear pathway for these individuals to transition to, nor is there any specialist commissioned services available for them, should they require it, on the NHS in Wiltshire.

The review of Learning Disability and adult Mental Health services will fall under the Whole Life Pathway workstream to ensure it encompasses transitions from Children's services to Adults services and that it pays close attention to the service users without any formal diagnosis but who still require care and support beyond childhood.

This workstream will also enable the transformation of services to have a focus on supporting parents and carers who may also have a learning disability and or mental health diagnosis by recognising a whole system's approach to working with families.

The workstream leads (Claire Edgar, Director Adult Social Care Operations, Mental Health and Learning Disabilities and Lucy Townsend, Director of Families and Children) will report directly into the FACT Operation Group and Executive Board to ensure the development of services takes a systemic integrated approach that will recognise the need:

- to enable individuals with a Learning Disability and or Mental Health condition (and those with complex and or additional needs such as ASD) to be able to access universal services more successfully to increase their connectivity to their own community,
- to build resilience in local communities to enable individuals to live as independently and safely as possible in order that they do not have to live in institutions, sometimes out of Wiltshire

and to ensure

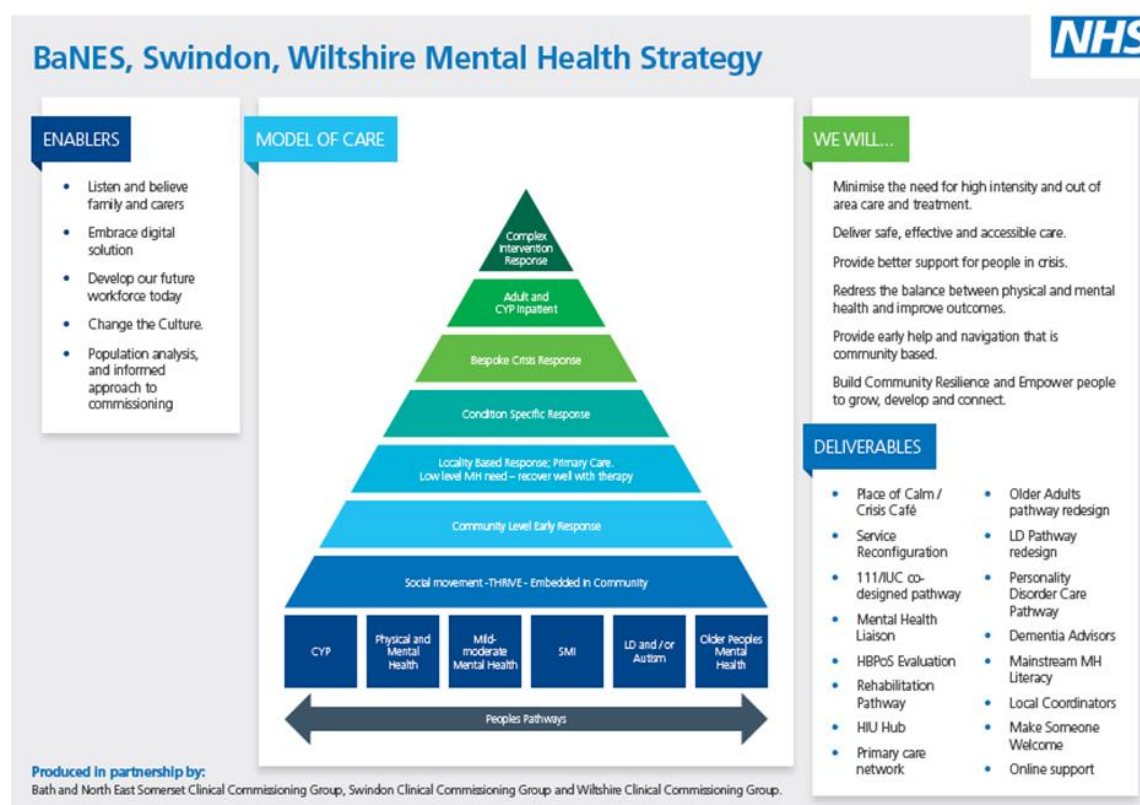
- services are able to respond proactively by intervening earlier to avoid crisis and work with service users and their carers to promote an active and engaging life filled with opportunities.

The Whole Life Pathway will be designed to reduce the impact of transitioning from Family and Children's Services into Adult Services and where people, no longer require the input of statutory services that there is a step-down approach which ensures that the 'cliff edge' parents and carers described when moving through services is reduced.

Both the CCG and the Council also recognise that further work is required to support adults currently receiving services to progress towards independence where appropriate.

It is envisaged that the Learning Disability in house provision will be developed to work towards a new 'enablement' model designed to maximise independence, choice and control. This will be reviewed and consideration will be made as to whether these services can be broadened further to offer support to a wider group of service users who may require ongoing support to access their local community, find employment, develop new hobbies, maintain their wellbeing, and support them to manage their finances more effectively and enable them to live as independently as possible.

The CCG's review will need to link with a planned at scale review of Learning Disability and ASD health services across the BaNES, Swindon and Wiltshire (BSW) and wider to include Bristol, North Somerset and South Gloucestershire (BNSSG) footprints. BSW are have also co-created a Mental Health Strategy and Vision, which includes Learning Disability and ASD from a health perspective. The focus of the strategy has been to deliver mental health support to better meet the needs of local people and has been developed in conjunction with partners, people with lived experience, their families and carers. A draft conceptual model of care has been co-designed as part of the strategy development. The model is summarised below:



3. Main Considerations

The Whole Life Pathway will work closely with and alongside the CCG's BSW Strategy and draft conceptual model of care to ensure individuals with a Learning Disability and those with a Mental Health condition (and those with complex and

or additional needs such as ASD) and their carers are given more opportunity to take control of important areas of their lives including service and support arrangements. It will play close attention to understanding the needs of children and young people transitioning into adult services as well as a commitment to design services to meet the needs of the changing population of adults with a Learning Disability (and those with complex and or additional needs such as ASD) in Wiltshire.

This new shared approach will be committed to working across all ages, promote individual's rights, support them to make choices, to enable them to lead independent lives and to be included in society. The approach mirrors the BSW health strategy and vision in relation to supporting community resilience and reducing preventable demand on secondary statutory services.

The joint transformation priority areas, which were developed from feedback from people with lived experience and their families/ supporters, also link to the key NHS Long Term Plan and aims to:

- Enable people through all stages of life to prevent crisis, maximising, maintaining and regaining independence to reach their potential to live happy, healthy, safe and rewarding lives within their communities regardless of ability

And provide:

- Early intervention and prevention – particular ask around school based service for Children and Young People. A collaborative bid has been submitted as part of the national wave two trailblazer bids for mental health school teams.
- Expansion of crisis services– roll out of crisis café, Core 24 services, home treatment models, mental health ambulance and IUC/111
- Improvement in transitional care
- Creation of 16-25 service
- Review of community mental health model particularly around Serious Mental Illness (SMI)
- IAPT access expansion
- Reduction in suicide rates and bereavement support ending OOA placements by 2021

It is proposed that a commitment and direction of travel is established that enables people to transform their lives from one where they simply live and exist in communities using specialist services, into one where they live as part of their community. People's needs will be met in the least restrictive settings possible, based on risk assessments.

In order to deliver the vision outlined above an extensive programme of work is required over the next two to three years, which will require significant partnership working both internal and external to the Council. It will require a programme management approach to ensure each key area is properly managed and that identified outcomes are delivered in a timely way.

Central to developing the approach is co-production to ensure that staff,

partners, service users, (adults and children and young people) and their parents and carers are at the centre of developing services that meet needs and improve outcomes for the citizens of Wiltshire who have additional and complex needs.

This will be co-ordinated by the Transformational Lead for the Whole Life Pathway who will focus on redesigning and shaping Learning Disability and Mental Health services with Commissioning colleagues within the Council.

We will build upon the CCG's BSW Strategy and model of care to develop a Whole Life Pathway Joint (Health and Social Care) Commissioning Strategy which reflects the model outlined above.

Report Authors:

Claire Edgar, Director of Adult Social Care, Operations Mental Health and Learning Disability, Wiltshire Council

Lucy Baker, Acting Director Commissioning Director (Maternity, Children and Mental health) Wiltshire Clinical Commissioning Group