

## PEWSEY VALE HEALTH & WELLBEING FORUM

Minutes of the meeting on July 1<sup>st</sup> 2019 2-30 pm at Parish Meeting Room, Pewsey

### MINUTES

**Attending:** Dawn Wilson (PCAP), Richard Rodgers (Wilts Council CEM), Susie Brew (PCAP), Hilary Hollingsworth (Churches), Jennifer Totney (Pewsey Church) and David Line (Pewsey 50+ Badminton Club)

**Apologies:** Susan Hiscocks (Kennet Gateway Club), Fanny Middleton (Alzheimer's Support). Sanjana (Health Trainer), Pauline Dark (Churches), Cllr Stuart Wheeler (Pewsey Area Board), Judy Haynes (Grt Bedwyn Footpaths), Sylvie Claydon (Occupational Therapist supporting Dementia), Julian Rigsby (Carers Support Wilts), Lesley Green (Shalbourne Craft Group) and Matt Pearson (Wilts Council Sports Development Officer – North)

1. **Welcome and introductions**-see above. Dawn welcomed everyone.
2. **Previous minutes**- *Resolved* that these be accepted.
3. **Update on actions /matters arising** – Most actions completed or ongoing. Specific discussion took place around
  - i. Asset Mapping – Updated with information form Burbage. ACTION: It will be reviewed regularly to keep it up to date by PCAP and shared via website. Invite local surgeries to make use of it.
  - ii. Armchair Exercise–It is proposed to run a pilot for 12 weeks every 2 weeks in the Bouverie Hall on a Friday morning from September 6th. Sylvie will support this group and help with assessments. Initial costs of around £1600.00 to include full costs for 12 sessions including some transport costs. Dawn proposed funds be put before the Area Board for approval in July. All in favour. ACTION DW to submit the application to Richard by the end of the week.
  - iii. Mental Health Training – still waiting for a reply from Pewsey Vale School re the 21<sup>st</sup> Century Offer. DW to Follow up ASAP.
4. **Grant Applications**-
  - i. The Christmas lunch group (Brian Hollands) in Pewsey received a contribution for 2019. The group resolved to make a straight donation of 100.00 with the support of the Area Board. Cllr Wheeler asked if other villages have a similar offer or if they might have those who could attend in Pewsey.
  - ii. Adjustable Chair for Bouverie Hall that hosts a number of groups for older and vulnerable people for chairs suitable for those with hip replacements or other issues with low seats. ACTION Sylvie to follow up please or get a quote.
5. **Update on funded projects**-
  - i. Canal Boat Trip with Memory Café was very successful. Everyone enjoyed it. A short film will be shown at the next café and permission sought to share it with the Area Board who funded the trip. We now need to identify another group perhaps residents at Meadow Court? Great Bedwyn, organised via the Churches group, also had a successful trip and hope to run another next year.

- ii. Raizer Chair – now used several times successfully. It was also demonstrating its usefulness at the Steam Fair in Oare last month raising awareness of the First Responders and what they do as volunteers.
  - iii. Great Bedwyn Walks Group – The walks in June were very successful. [Bedwynhealthwalks@gmail.com](mailto:Bedwynhealthwalks@gmail.com) Facebook page – Bedwyn Health Walks, @bedwynhealthwalks and Judy Haynes [bedwynfootpathsgroup@gmail.com](mailto:bedwynfootpathsgroup@gmail.com) [www.bedwynfootpathsgroup.org.uk](http://www.bedwynfootpathsgroup.org.uk)
  - iv. Matthew Pearson circulated the Live Well poster for afternoon activities at The Vale Leisure Centre.
  - v. Pewsey Vale Tourism Partnership Walking Leaflets for the Vale – Susie reported that the 12 walking leaflets already printed have been well received. They are available in Print and online. Longer term funds for reprinting will need to be found for this.
  - vi. Richard circulated a list of projects funded to date around the county for ideas. Hilary suggested that Carol Parsons of Cossor’s Shop and the Carnival might have a suitable site for a Men’s Shed at their unit at Salisbury Road as well as connections for who might run it.
6. **Marketing (Forum/Grants/Older Peoples Champion)** – the editorial of around 150 words is available to help raise awareness of the group and funding available.

**LAST minute addition:**

Wiltshire Council aims to provide a broad and accessible sexual health training programme tailored towards the needs of professionals.

To enable us to identify gaps in training provision and to make improvements to programme we are inviting a wide range of professionals from various backgrounds whose roles present opportunities to deliver sexual health messages to people of all ages to complete the short survey below.

The survey provides the opportunity to state which areas you feel we are missing and what areas you feel we could focus on to equip your service to deliver effective sexual health messages to the people you work with. This survey takes approximately 3 minutes to complete. Please complete the survey by Monday 22nd July 2019.

Thank you for your time assisting us with this training needs assessment, your feedback will be vital for the development and delivery of the new training programme.

Should you have any questions please do not hesitate to get in touch.

Survey link: <http://surveys.wiltshire.gov.uk/snapwebhost/s.asp?k=156173047933>

Next meeting on mid October TBC – Venue -Pewsey Parish Meeting Room

**Future dates will be published on the website – [www.pewseycap.org.uk/events](http://www.pewseycap.org.uk/events)**

**Thank you to all who attended and gave up their time.**

**Contact: Susie Brew – PCAP Coordinator [pcap@hotmail.co.uk](mailto:pcap@hotmail.co.uk) or [Dawnwilson917@yahoo.com](mailto:Dawnwilson917@yahoo.com)**

Signed \_\_\_\_\_ Date \_\_\_\_\_  
Cllr Stuart Wheeler (Chair)