

MINUTES

South West Wiltshire Area Board – Health and Wellbeing Group

21 November 2022

1	<p>Cost of Living information -</p> <ul style="list-style-type: none">i. Interactive Community Directory - Wiltshire Council have developed a new interactive community directory to find out where local warm spaces and community food providers are locallyii. Wiltshire Council - Cost of Living - provides information, resources and guidance, including energy costs, housing information, local practice help and mental health supportiii. Wiltshire Council libraries - Wiltshire Council libraries are officially warm spaces for people this winteriv. Warm and Safe Wiltshire - Warm and Safe Wiltshire have funding available for winter warmth packs (oil-filled radiator/blanket/hot water bottle/handwarmer)v. Cost of Living Response Grants - Wiltshire Community Foundation Cost of Living Response Grants programme supports voluntary groups who are meeting the needs of those most impacted by the increased cost of livingvi. Age UK Wiltshire Surviving Winter - Surviving Winter grant is one-off grant available through Age UK Wiltshire of £200, open to residents on a lower income and have concerns about the cost of heating
2	<p>Cost of Living local updates –</p> <ul style="list-style-type: none">i. Wilton Community Centre will be a warm space and hoping to work alongside the churchii. Wylve Valley – ‘Take and Pick’ initiative, similar to a sharing table, where people can donate what they don’t want, and take away anything they can useiii. Age UK Wiltshire provide a ‘Travel Friends’ service to reduce loneliness for socially isolated older people and to help them to reconnect with their local communities, friends, and family, to help them gain the confidence to access and understand bus/train timetables, as well as the community transport and Link schemes in their areaiv. Age UK Wiltshire provide a hot meals service on a short term basis for residents 60+ years. Information and referrals can be made via the website – Welcome to Age UK Wiltshirev. Cost of living challenges include transport in rural communities to access local warm spaces, the lack of volunteers to support initiatives and more printed material is needed to raise awareness of the support available for older and vulnerable residents that cannot access it online
3	<p>Dementia Support –</p> <ul style="list-style-type: none">i. The new Dementia Centre will be opening in Salisbury early 2023, where people can find friendship and support, as well as a one-stop dementia hub where families can get advice as well as practical supportii. A new guide to dementia support services has been developed recently by SASS in Salisbury, Tisbury and Downtoniii. Tisbury Memory Group deliver a music and movement group for the community every two weeks at the Nadder Centreiv. Group keen to develop a Men’s Shed scheme in the Tisbury/Mere areasv. Silver Salisbury programme engaged 950 older and vulnerable adults across all areas, with 59 residents now joining in with regular activities

4	<p>Digital Inclusion Initiative –</p> <ul style="list-style-type: none">i. Jane Ebel and SASS developed a digital inclusion project throughout Covid-19 lockdown for residents in the Salisbury community area. This included funding from the Wiltshire Community Foundation to provide i-pads to older and vulnerable adults to use at home. Basic training was provided by volunteers and a user guide was produced. Techie Tea Parties were introduced for anyone needing further advice on how to get the most out of their devices.ii. Utilise a similar model for the South West Wiltshire area – re-group with key partners to discuss in further detail
5	<p>Older and Vulnerable Adults Area Board grant –</p> <ul style="list-style-type: none">i. One grant application has been submitted by the Fovant Community Support Group for a series of warm spaces provision for older and vulnerable adults. This will include a food and clothes bank, additional warm space locations and an increase in village activities. The group have applied to the Area Board for £500.ii. The Health and Wellbeing group were in favour of supporting this grant.
6	<p>Date of next meeting – February 2023 (date TBC)</p>