

# Wiltshire Dementia Strategy

Health & Wellbeing Board

28 September 2023

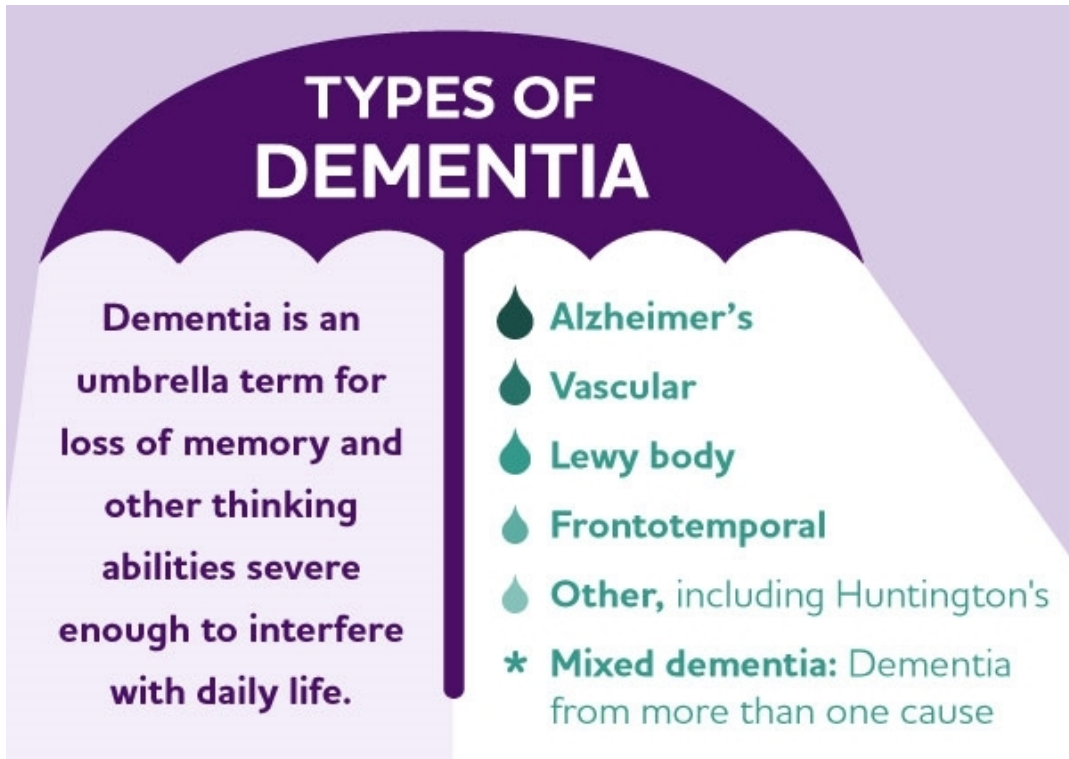
**NHS**

Bath and North East Somerset,  
Swindon and Wiltshire

Integrated Care Board

**Wiltshire Council**

# What is dementia?



Dementia is different from delirium, although some of the symptoms are similar.

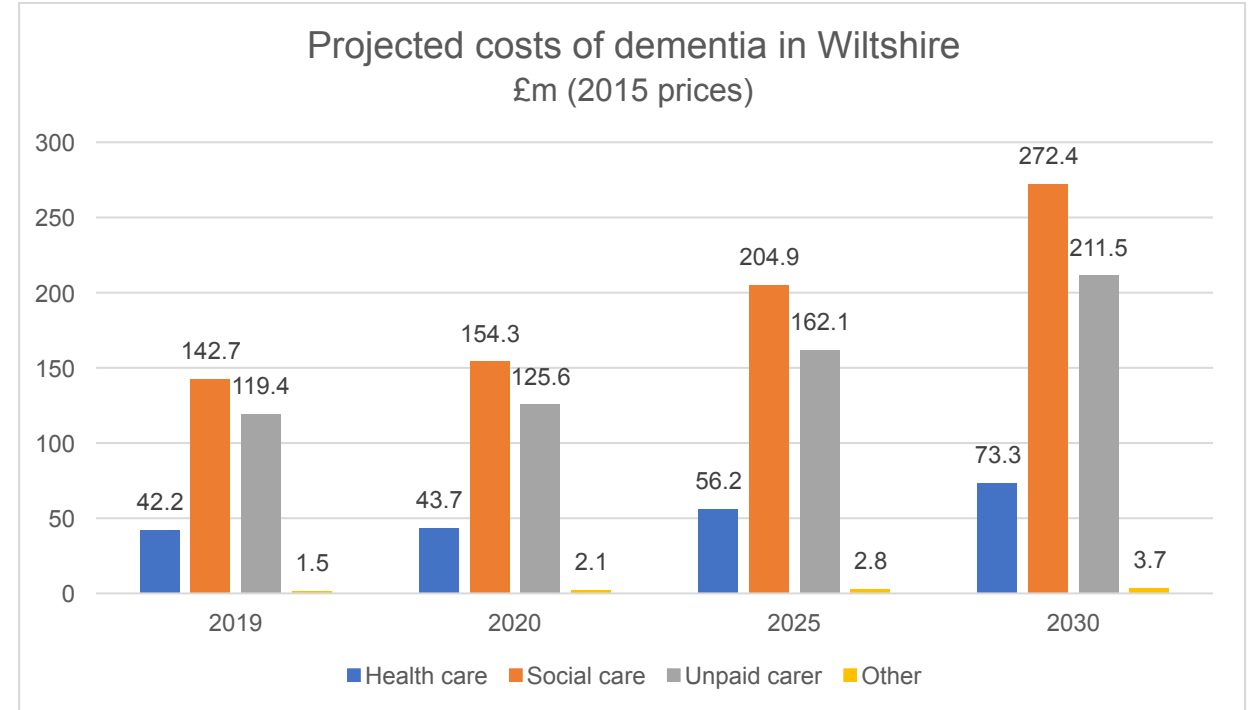
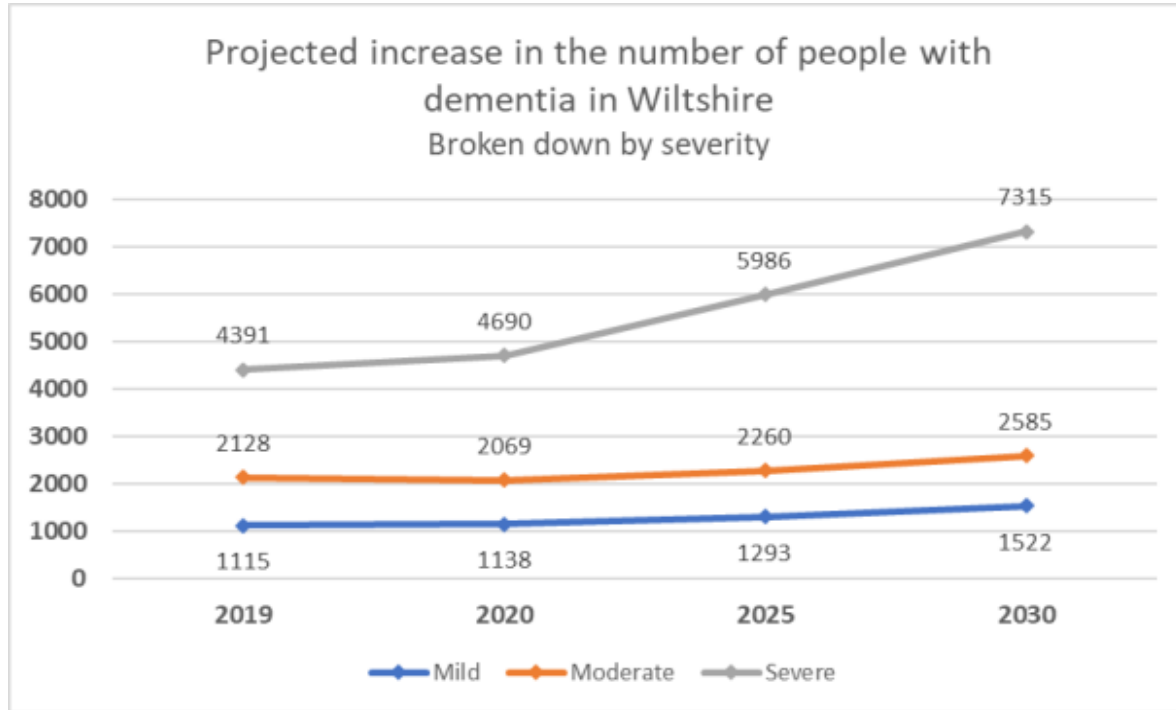
Delirium develops suddenly and may be caused by infection, urine retention, constipation, pain, change of routine or environment, etc.

If correctly identified, delirium can be treated.

# Dementia - a national challenge

- Approximately 950,000 people live with dementia in the UK. 1 in 11 people aged 65+ have dementia. Dementia costs £25 billion per year in the UK.
- In 2022, dementia was the leading cause of death in the UK. Many dementias do not yet have a treatment to prevent, cure or slow progression.
- Supporting a person to live at home for as long possible is less expensive than a care home admission, and better for the person's quality of life.
- However, this is only possible due to the huge caring contribution made by unpaid carers.

# Dementia – a local challenge



# Wiltshire dementia strategy – 2023-2028

- All-age, joint strategy – supporting people with dementia and carers
- Aligned to national guidance (e.g. NICE), policy and strategy (National Dementia Strategy), as well as local strategies
- Informed by extensive co-production and engagement during 2023 – public, professionals, clinicians, Members (e.g. via Health Select) – **over 400 people engaged, including 150+ people with dementia & carers**
- Strengths-based approach, focus on prevention and early intervention, raising awareness, supporting communities, building resilience, enabling people
- One Council approach – dementia is everybody’s business, not just social care

# Health Select Committee feedback – 8<sup>th</sup> June 2023

- Emphasis on improving dementia pathway and increasing diagnosis rates
- Need for evidence-based screening for dementia
- Using Area Boards, Parish Councils etc to champion dementia awareness locally
- Opportunities to link this work up with Community Conversations
- Importance of clear information and advice – e.g. Lasting Power of Attorney
- Importance of joined-up approach across Wiltshire Council – e.g. ensuring digital inclusion (as well as providing non-digital / paper-based information) for people with dementia, supporting young carers, raising awareness and educating in schools and colleges

## Draft vision

*We will work together to make Wiltshire an inclusive, vibrant, supportive place for people with dementia and their family members and carers to live.*

*Our work will be underpinned by prevention and early intervention, tackling inequalities, understanding our communities, and promoting independence.*

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# Priority outcomes

## Preventing well

- I was given information about reducing my risk of getting dementia

## Diagnosing well

- I know where to go if I think I may have dementia
- I was diagnosed with kindness and compassion, in a timely way
- I am able to make decisions and know what to do to help myself, and who else can help
- I know where to go to understand more about dementia

## Supporting well

- I am treated with dignity and respect
- I get treatment and support which are best for my dementia and my life

## Living well

- I know that those around me and looking after me are supported
- I feel included as part of society

## Dying well

- I am confident my end of life wishes will be respected
- I can expect a good death



# How we will deliver the priorities

We will raise awareness of dementia across Wiltshire

We will develop a corporate approach to making Wiltshire dementia-friendly

We will effectively screen for & identify dementia at an early stage

We will ensure assessment and diagnosis is delivered consistently

We will reduce waiting times and increase the diagnosis rate

We will ensure people diagnosed can access NICE-recommended support

## How we will deliver the priorities (cont.)

We will review emergency and out-of-hours support

We will THINK DELIRIUM

We will ensure information and support is easy to find and access

We will invest in communities and markets

We will develop a training strategy for carers and professionals

We will give people opportunities to plan for the future

# Governance

