

Health and Wellbeing projects and activities FUNDING APPLICATION

1. Applicant:

Name	Prue Castle
Organisation	Home-Start South Wiltshire
Address	Suite 5, The Portway Centre, Old Sarum SP4 6EB
Phone number	01980 676237
Email address	info@homestartsouthwilts.org.uk

2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	£3300
Over £5000 (please note – our grants will not normally exceed £5000)	

3. Are you applying on behalf of a Parish Council?

Yes	
No	X

4. If yes, please state why this project cannot be funded from the Parish Precept?

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5. Project title?

Reaching Out

6. Project summary: (100 words maximum)

Reaching Out is our project which supports 12 disadvantaged families in Salisbury and Southern Wiltshire for 6 months. Home Start South Wiltshire recruits and trains volunteers from within the community who are then matched with families in need of support. They may be struggling with a variety of issues including isolation, poor physical and mental health, post-natal depression, problems with children’s behaviour and family relationships. They need help to get back on their feet and to be encouraged and enabled to access their own support network within the community.

7. Which Area Board are you applying to?

Southern Wiltshire ▼

8. What is the Post Code of the place where your project is taking place?

SP4 6D and E

9. Please tell us which themes best describe your project:

<input type="checkbox"/> Intergenerational projects	<input type="checkbox"/> Heritage, history and architecture
<input type="checkbox"/> Older People Support/Activities	<input type="checkbox"/> Inclusion, diversity and community spirit
<input type="checkbox"/> Carers Support/Activities	<input type="checkbox"/> Environment, recycling and green initiatives
<input checked="" type="checkbox"/> Promoting physical and mental wellbeing	<input type="checkbox"/> Sport, play and recreation
<input checked="" type="checkbox"/> Combating social isolation	<input type="checkbox"/> Transport
<input checked="" type="checkbox"/> Promoting cohesive/resilient communities	<input type="checkbox"/> Technology & Digital literacy
<input type="checkbox"/> Arts, crafts and culture	<input type="checkbox"/> Other
<input type="checkbox"/> Safer communities	

10. About your project

A. Southern Wiltshire Area Board has pockets of severe deprivation and marginalisation within more wealthy and affluent areas in this largely rural part of the county. Barriers to housing and services being the domain of particular concern within Southern Wiltshire. The majority of families that are referred to us are struggling with feelings of isolation made worse by the lack of access to transport and the difficulties in accessing support and services such as GP's and Children's Centres. The families are referred to us by Health Visitors and GP's although they can self refer. Whilst the majority of families that we support would be classed as disadvantaged we also support families whose needs arise from multiple births and child's special needs. There are a high number of children being supported by a CAF in this area compared to the Wiltshire average and a number of these families will be helped by HSSW. Our trained volunteers live in the community and will be matched with a family and visit them in their own home each week for a few hours to provide practical and emotional support and friendship. They will help the families to get back on their feet and improve their physical and mental health and well-being, by supporting them when they are at their most vulnerable and provide the glue to prevent the family falling apart.

B. The wider impact that the support of a volunteer can bring to a family in need of help can be felt throughout the extended family. In some of the families that we support the older children may be taking on the role of carer if the parents are suffering from mental or physical health problems. Although our focus is on families with children under 5, we know that if our volunteers can help strengthen the family structure it benefits the older generation and family carers.

C. Our volunteers encourage families to access community events and where possible children's groups. They can accompany a parent on outings, go with them to medical appointments and try and encourage them to engage with the local community and form friendships. If the physical isolation is contributing to mental health problems, they will try and look at ways the family can address the lack of transport and research what might be on offer. Some of the families that we have supported become volunteers themselves and give back to the community. Our previous chair was supported by HSSW when her children were small.

D. Our service is free and therefore accessible to everyone. We are the only Families and Children's charity to visit the families in their own homes which allows us to connect with those who are socially isolated, vulnerable and disabled or on low incomes.

E. We work closely with Children's centres, Health Visitors and GP's. We also have referrals from schools. We are actively looking at pursuing other avenues of partnership working as we feel strongly that it is of great benefit to families.

11. Safeguarding

We are committed to safeguarding and promoting the welfare of young people as outlined in Home Starts UK Safeguarding Policy Document. These policies are read agreed and signed by all Trustees. Volunteers are trained on their 10-week preparation course and have annual safeguarding refresher courses. Our co-ordinator updates her course every year. Staff, Volunteers and Trustees are DBS checked and copies of these and staff references are held in a locked cupboard in the office. Our co-ordinator is responsible for safeguarding and a nominated Trustee. All our records regarding the families is secure and young people cannot access our services.

12. Monitoring your project

HSSW is committed to measuring what matters to families. We do this using MESH which stands for Monitoring and Evaluation System Home-Start. MESH charts the journey of change that parents and children make while supported by HSSW. The MESH online system gives our scheme real time data reports on information gathered from families by our co-ordinator and volunteers.

Families tell us that after receiving support they feel less isolated, have more confidence with high self-esteem, are more able to manage children's behaviour and family life runs more smoothly. 55% of families asked for help to manage their children's behaviour. After support 92% of these families felt that this need had been addressed. This shows how effective the sharing of parenting experience and knowledge can be and how the health and well-being of children is impacted by the strength of the families.

13.If your project will continue after Wiltshire Council funding runs out, how will you continue to fund it?

We have a fund-raising committee who are actively sourcing other funding avenues and currently have applications going in to two national funders. We have received funds from Wiltshire Community Foundation, Comic Relief and a number of local charitable groups. Our recently adopted strategy aims to increase the numbers of families that we can support in Southern Wiltshire and double the number of volunteers that we train. We have another Volunteer preparation course starting in September.

14. If this application forms part of a larger project

N/A

15. finance:

15a. Your Organisation's Finance:

Your latest accounts:

Month Year

Total Income:

£

Total Expenditure:

£

Surplus/Deficit for the year:

£

**Free reserves currently held:
(money not committed to other projects/operating costs)**

£

Why can't you fund this project from your reserves:

We have a charity policy of retaining 3 months worth of running costs to cover the risk of having to close the scheme

We are a small community group and do not have annual accounts or it is our first year:

15b. Project Finance:

Total Project cost £

Total required from Area Board £

Expenditure £ Income £ Tick if income confirmed

NB. If your organisation reclaims VAT you should exclude VAT from the expenditure (Planned Income [help](#))
(Planned project costs [help](#))

<input type="text" value="staff costs"/>	<input type="text" value="6980"/>	<input type="text" value="WCF"/>	<input type="text" value="4000"/>	<input type="checkbox"/>
<input type="text" value="volunteer costs"/>	<input type="text" value="300"/>	<input type="text" value="Walter Guinness"/>	<input type="text" value="2000"/>	<input type="checkbox"/>
<input type="text" value="operation costs"/>	<input type="text" value="400"/>	<input type="text" value="Fundraising"/>	<input type="text" value="600"/>	<input type="checkbox"/>
<input type="text" value="office costs"/>	<input type="text" value="1650"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>
<input type="text" value="governance and fees"/>	<input type="text" value="570"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>
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Total	<input type="text"/>	Total	<input type="text"/>	

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? *required field

- Yes
- No

17. Please list which area boards you are intending to apply, including this one (You can apply to a maximum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11.

We have a fund-raising committee who are actively sourcing other funding avenues. We currently have applications going in to two national funders. We anticipate further support from Wiltshire Community Foundation and local groups. We have a recently adopted strategy which is to increase the numbers of families that we can support in South Wiltshire and double the number of volunteers that we train. We have another Volunteer preparation course starting in September.

18. DECLARATION

Supporting information - Please confirm that the following documents will be available to inspect upon request (You DO NOT need to send these documents to us):

Quotes:

- I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)

Project/Business Plan:

- For projects over £50,000: I will make available on request a **project or business plan** (including estimates) for projects where the **total project cost** (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).

Accounts:

- I will make available on request the organisation's **latest accounts**

Constitution:

- I will make available on request the organisation's Constitution/Terms of Reference etc.

Policies and procedures:

- I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.

Other supporting information (Tick where appropriate, for some project these will not be applicable):

- I will make available on request evidence of ownership of buildings/land
- I will make available on request the relevant planning permission for the project.
- I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.

And finally...

- I confirm that the information on this form is correct, any award received will be spent on the activities specified.