

Notes of the Health and Wellbeing Group Meeting held on February 2017 at Selwood Housing Offices, Trowbridge

Present

Mary Cullen (WC, CEM), Claire Thomas (Alzheimer's Support), Alan Docherty (Carers' Support Wiltshire). Julia Latham (Selwood Housing), Polly Edwards (Trowbridge Churches Together), Sue Chilton (Studley Green Day Centre Manager).

Apologies

Cllr John Knight (Wiltshire Council) Peter Twiggs (WC). Doug Ross (Link), Brian Banwell (Men's Shed), Barrie Dearlove (Breakthrough Trowbridge)

1. Welcome and introductions

Mary Cullen welcomed everyone and thanked them for attending.

Apologies were noted.

2. Minutes of the previous meeting and matters arising

The minutes of the previous meeting were agreed.

Matters arising

MC presented copies of a draft survey being developed by Adult Social Care to ask people about their experiences of being involved in service design and delivery. It was agreed that this would not impact on the HWB group's consultation proposal to be discussed later on the agenda.

Other matters arising to be picked up later in the agenda.

3. Progress to date on Dementia Friendly Trowbridge- Claire Thomas, Alzheimer's Support

CT outlined further progress to date towards Dementia Friendly Trowbridge which included

- Supporting and encouraging groups to join the Trowbridge Dementia Action Alliance (DAA)
- Meeting with WC to discuss County Hall joining the Trowbridge DAA. Ideas were discussed re physical environment and possible small changes that could be made such as provision of quiet space for anyone with Dementia coming in or for any other group that needed this support, Carers support group at county Hall for staff dealing with relatives with dementia, HR to explore policy around early onset of dementia and support for affected staff.
- CT has also been linking up with Dementia Champions at County Hall with a view to getting them together
- Dementia awareness week is in May and it was discussed that some progress in time for this would be positive

- There will be a county wide Dementia Friendly Wiltshire event on 28th February at the Town Hall where Trowbridge will report on our progress along with other area of Wiltshire.

It was discussed and agreed that Studley Green Day Centre could join the alliance and identify some dementia friendly actions.

SC reported that the club was already opening up to people with dementia subject to them having a carer or being able to participate without personal care support

PE reported that the churches had made good progress re dementia having held dementia friends training sessions and a dementia friendly carol service at Christmas last year. Future plans include bringing churches together to discuss further work in this area.

CT reported that Adcroft Surgery is looking to develop a Memory Café which would be a great benefit to our community as currently we do not have this provision in place.

Members congratulated CT on progress to date in our area. It was acknowledged that her work had made a major impact on this agenda in our area.

4. Consultation proposal

Further to the last meeting MC presented some draft questionnaires for consideration in relation to a proposed consultation process with older people and carers.

The need for additional consultation was identified by WC adult care services at the first meeting of the HWB group in recognition of the fact that previous consultation with older people in our area was very limited. The JSA for our area also highlights that a higher percentage of people in our area are at risk of social isolation and that we have a higher number of unpaid carers over 65 living in our area than the rest of Wiltshire. It was agreed that the group needed to understand the issues better in order to be able to identify projects and local measures that could be developed.

MC had discussed the proposed approach with the head of consultation and research at WC and the following proposal was developed as a result.

It is proposed that a series of 20 semi structured interviews are held with carers to be identified by Carers' Support Wiltshire. This would enable the group to understand the issues better and explore any potential community projects that might be developed.

It was agreed that a further minimum 30 interviews were carried out with older people in our area at risk of social isolation, to be identified by partners and community members.

It was agreed to recruit and train 6-8 community interviewers to assist with the consultation. This would engage the local community and offer people skills development and training.

It was agreed that 3 focus groups may need to be added into to the programme in order to discuss or explore certain issues or issues for certain groups in more detail.

Draft questionnaires were circulated and discussed and further thought will be given by members on these to arrive at a final agreed version.

It was agreed that MC would approach the area board for support to fund the consultation. All members of the group will contribute in kind with support to develop questions, recruitment of participants, recruitment of community interviewers and developing project ideas.

Action: MC to cost the consultation programme and complete application form to area board for support with funding.

5. Older People's Champion

MC reminded the group of the need to recruit an Older People's Champion and was delighted to report that SC had volunteered to try out the role with a view to taking it on long term if it suited.

The role is to be a voice for older people locally, to keep in touch with day centre, residential homes and other groups and organisations working with older people, to feed issues and ideas into the HWB and the area board. It can also involve work with individuals to help signpost to services etc. Training and support is available for OP champions and the main link will be with MC.

The group expressed appreciation to SC for taking on the role.

6. Updates from partners

AD reported that Carers Support Wiltshire are seeking to work more in community settings and are looking at how to support isolated male carers more effectively.

MC reminded the group about Trowbridge Men's Shed and the opportunities to introduce any men facing social isolation.

SC also mentioned that Studley Green Day Centre could accommodate further members.

Action: Any group member wishing to refer anyone to Studley Green Day Centre to contact SC via the email address on the minutes.

CT reported that AS is busy working out the takeover of contracts from the Alzheimer's Society.

7. **A.O.B-** none

8. **Date next meeting,** Thursday 11th May, 10.00, venue tbc