

August 2017

Overview

NHS Wiltshire Clinical Commissioning Group (CCG) is responsible for commissioning a broad range of healthcare for the population of Wiltshire. We are led by experience local GPs drawn from across the county, who provide clear clinical leadership to the big decisions affecting the future of healthcare provision in Wiltshire, carefully tailored to meet the differing needs of people locally.

Our vision is to ensure the provision of a health service which is high quality, effective, clinically-led and local. We are committed to delivering healthcare that meets the needs of Wiltshire people, to consult and engage with our population to enable them to be involved in decisions made about health services and to deliver those services to people in their own homes or as close to home as possible.

The right healthcare, for you, with you, near you

Patients in Bath and North East Somerset, Swindon and Wiltshire Sustainability and Transformation Partnership (STP) area are set to benefit from expansion of diabetes prevention programme as NHS England drives forward changes to support people to live healthier lives.

The head of NHS England, Simon Stevens, has announced 13 new areas, including Bath and North East Somerset, Swindon and Wiltshire partnership, are now live and ready to offer a leading NHS prevention programme to patients identified at risk of developing Type 2 diabetes.

Wave 2 of the Healthier You: NHS Diabetes Prevention Programme is part of a wider package of measures to support people at risk of type 2 diabetes to get healthier, keep well and reduce their risk of developing the disease.

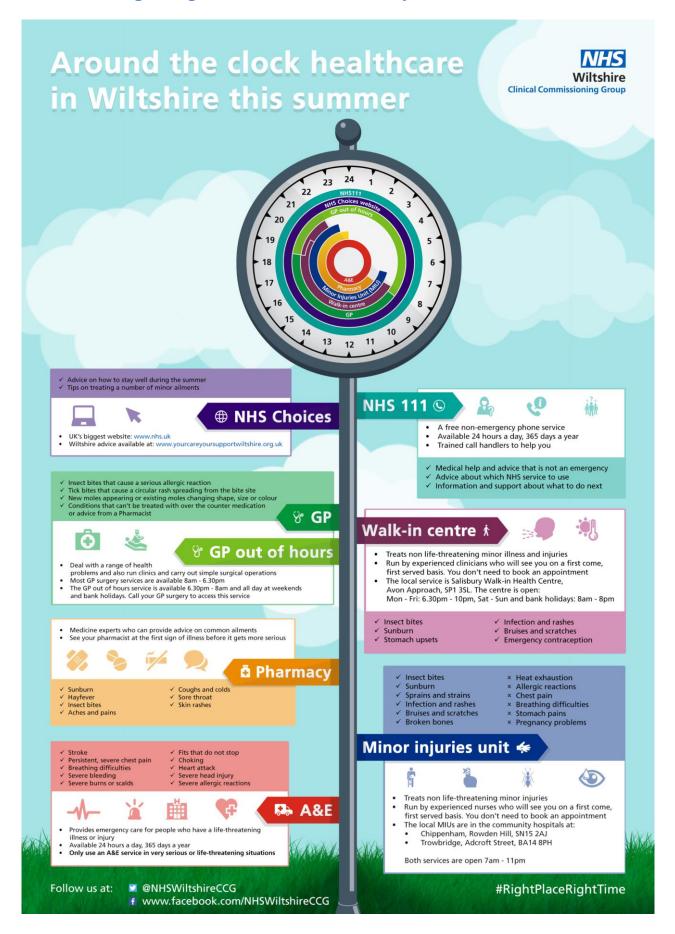
Local people from the Bath and North East Somerset, Swindon and Wiltshire (BSW) area who are referred on to the programme will get tailored, personalised help to reduce their risk of developing the disease. Their support will include education on healthy eating and lifestyle choices, reducing weight through bespoke physical exercise programmes and portion control, which together have been proven to reduce the risk of developing the disease.

The programme, which is run collaboratively by NHS England, Public Health England and Diabetes UK, was officially launched last year, with the first wave made up of 27 areas and covering 26 million people – almost half of the country. The latest national figures reveal the programme is making good progress, with just under 50,000 people referred in Wave 1 and more than 18,000 on the programme in at the end of April. This exceeds the original target set in the NHS Mandate of 10,000 referrals during 2017/18.

Wave 2 areas will cover another 25% of the population, with an estimated 130,000 referrals and up to 50,000 additional places made available thanks to the expansion.

The ambition is for the programme to eventually cover the whole of the country and these figures could rise to as many as 200,000 referrals and more than 80,000 people on programmes by 2018/19.

Early evidence is positive and suggests that just under half of those taking up the programme are men – a much higher proportion that traditional weight loss programmes, while roughly a quarter of people are from black and ethnic minority communities.



Wiltshire Clinical Commissioning Group is helping people to make the right decision about where to go for healthcare treatment over the summer months in Wiltshire, with the help of an easy to use healthcare clock – a signposting tool to help people choose the right healthcare service for their illness or injury.