#### **July 2018**



DadPad app

dads-to-be and dads

Top tips for

with new

babies

#### Overview

NHS Wiltshire Clinical Commissioning Group (CCG) is responsible for commissioning a broad range of healthcare for the population of Wiltshire. We are led by experienced local GPs drawn from across the county, who provide clear clinical leadership to the big decisions affecting the future of healthcare provision in Wiltshire, carefully tailored to meet the differing needs of people locally.

Our vision is to ensure the provision of a health service which is high quality, effective, clinically-led and local. We are committed to delivering healthcare that meets the needs of Wiltshire people, to consult and engage with our population to enable them to be involved in decisions made about health services and to deliver those services to people in their own homes or as close to home as possible.

The right healthcare, for you, with you, near you

# **News from the CCG!**

### Dad Pad app launched to support new dads

An app to support new dads and dads-to-be in Wiltshire, BaNES and Swindon has been launched containing practical information and advice on topics ranging from changing nappies, feeding and how babies like to be held. The Dad Pad aims to support new dads and help them to feel more confident about fatherhood.

Lucy Baker, Programme Director for Maternity - the B&NES, Swindon and Wiltshire Maternity Transformation Partnership explains: "We've had loads of conversations with dads, who have told us that they want information on how to care for their new babies, so that they can be more involved right from the start. The Dad Pad has practical advice which dads can access quickly and easily to help support them in caring for their new born."

The Dad Pad was previously launched in Wiltshire as an online and printed leaflet. It is now available in an updated version as a free to download app. Visit the Dad Pad website to download the app: www.thedadpad.co.uk/app



As part of the national General Practice Awards 2018, Northlands Surgery in Calne has been nominated for The People's Choice Award: Surgery of the Year.

The award offers the general public the chance to give their thanks and show appreciation for their local healthcare team. Northlands Surgery is one of 81 Practices nationwide that have been nominated and public voting is now in full swing until 10 August 2018.



Alison Ingham, Practice Manager at Northlands Surgery comments, "It is an absolute thrill that Northlands has been nominated for this prestigious award. Everyone in the Practice Team works tirelessly to provide outstanding care for our patients and I think it is wonderful for our staff to have been recognised in this way."

Voting is now open and people have until 10 August 2018 to show their support for Northlands Surgery in one of two ways:

 Free online via the General Practice Awards website: <a href="http://www.generalpracticeawards.com/the-awards/peoples-choice-award/">http://www.generalpracticeawards.com/the-awards/peoples-choice-award/</a> or • By texting **CHOICE51 to 60777** (standard text message rates apply).

The final three shortlisted surgeries will be announced on 3 September and will be invited to attend this year's Awards Event, which takes place on 30 November in London.

To find out more, visit www.generalpracticeawards.com

## Improving services for the victims and survivors of sexual assault and abuse

NHS England has published the <u>Strategic direction for sexual assault and abuse services</u>, which sets out what is needed to improve services and consequently patient experience for those who have experienced sexual assault and abuse.

Developed with a range of partner organisations, as well as the victims and survivors of sexual assault and abuse, the Strategic direction takes into account a lifelong pathway of care for survivors. It also outlines how services need to evolve and work together to ensure that as much as possible can be done to safeguard individuals and support them at times of crisis and at the point of disclosure.

#### **News archive**

Read more news from Wiltshire CCG in our news archive.

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## Gluten-free foods on prescription

In February 2018 the Department of Health and Social Care (DHSC) announced its decision to nationally restrict the prescribing of gluten-free foods. This is in response to the public consultation in 2017 on the 'Availability of gluten-free foods on NHS prescription'.

Wiltshire CCG's current policy permits the prescribing of gluten-free staple foods for patients with a diagnosis of coeliac disease and/or dermatitis herpetiformis, with the following guidance:

- Gluten-free prescribing should focus on enabling people with coeliac disease to access gluten-free staple foods, (bread, bread mix, flour, flour mix and pasta) free of charge on NHS prescription, as part of a healthy balanced diet.
- Sweet biscuits and cakes should not be prescribed based on the grounds of supporting healthy lifestyles and the fact that gluten-free products are available at competitive prices in supermarkets.
- Any gluten-free foods prescribed for patients without a confirmed diagnosis should not be prescribed.

Between 1 April 2017 and 31 March 2018, gluten-free foods on prescription cost NHS Wiltshire £241,487.

Wiltshire CCG is asking the public, patients and clinicians to have their say by completing a survey on two proposed options that will change the prescribing approach to gluten-free foods in Wiltshire, in line with National Institute of Care and Excellence (NICE) guidelines.

<u>Visit our website to find out more and to complete the survey</u>.

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# Stay well this summer

To help you, your friends and family stay well this summer, we've teamed up with Wiltshire Council to produce this <u>handy booklet</u>. With lots of tips on how to enjoy the sun safely, advice on what to keep in your medicine cabinet and information on healthy living it's this summer's latest must-read!

For more information and top tips for a safe summer, visit  $\underline{www.wiltshireccg.nhs.uk/our-campaigns/safe-summer}$ 

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