

Wiltshire Council

Children's Select Committee

8 January 2019

Executive Response to Part One of the Final Report of the Children and Adolescent Mental Health Service (CAMHS) Task Group

Purpose of the report

1. To present the response of the Cabinet Member for Children, Education and Skills and the Wiltshire CCG to the Final Report – Part One of the Children and Adolescent Mental Health Service (CAMHS) Task Group.

Background

2. On 18 December 2018 the Health Select Committee endorsed the Final Report of the Task Group. With the agreement of the relevant Select Committee Chairmen and the Chairman of the CAMHS Task Group, the Final Report (Part One) and comments from Health Select Committee's debate were then circulated to members of the Children's Select Committee.
3. The Committee resolved to refer the following Task Group's recommendations to the relevant Cabinet member and the Wiltshire CCG for response at the Children Select Committee's next meeting on 8 January 2018. Comments from Children's Select and the Executive Response will be circulated to Health Select Committee members, following 8 January meeting.
4. The Health Select Committee discussed the Final Report – Part One at their meeting on 18 December 2018. Comments from the discussion held and the Final Report were then circulated electronically to Children's Select Committee. Health Select were encouraged and supportive of all the recommendations put forward and emphasised the national need for SEND provision to be considered across an individual's life-time, as opposed to 0-18 years and then 18 years plus. Members also shared the task group's view that communication and transition arrangements between children and adult mental health services would help to deliver even greater mental health outcomes in the county.

Executive response to the Task Group's recommendations

Recommendation No.1	In order to reduce the numbers of children and young people who reach crisis point before receiving help and support for their mental health, to consider:
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	<ul style="list-style-type: none"> a) Developing a specific “prevention partnership” between schools, CAMHS, social workers and EWOs which seeks to offer and prioritise holistic help and support for those children and young people suffering with low-level mental health problems b) Ensuring that more online resources are available for children and young people to access, if they are struggling c) Ensuring that low-level support is well advertised and delivered in the community; so that mental health support receives strong promotion amongst young people, such as at schools, afterschool and community events and online, to ensure that children and young people are aware of the support available d) Direct support and adequate sign-posting to be provided to all those who are making a referral to CAMHS on behalf of the child/young person, to help better manage expectations and alleviate the challenge of accessing CAMHS, whilst at the same time helping to ensure that children and young people can access the right help when they need it.
Reason for recommendation	To reduce the numbers of children and young people who reach a crisis point, before receiving help and support for their mental health.
Cabinet member and Wiltshire CCG Lead	<p>Cllr Laura Mayes</p> <p>Lucy Baker</p>
Executive response	<p>Wiltshire CCG & Wiltshire Council</p> <p><i>1A, B, C, D = Accepted</i></p> <p>The recommendations are welcomed and reflect a national drive to deliver earlier intervention to children and young people in their communities.</p>

	<p>a) 'Prevention Partnerships' mirror the principles of NHS England's Mental Health Support Teams trailblazer (as detailed in the 'Transforming children and young people's mental health provision: green paper'). 'Prevention partnerships' have the potential to evolve out of the CAMHS Wellbeing Team structure which has staff embedded in social care teams and schools. The NHS planning guidance for 18/19 is due after December 21st but it is expected to prioritise prevention across mental health services with a focus on integration between schools, social work and health. This is likely to include service provision during school holidays. Additional transformation money may be available to support delivery.</p> <p>b) Online resources. There is increasing use of the Kooth online counselling tool. Alternatives will be sought in addition. Development work of the local On Your Mind website is due; this Wiltshire website signposts young people to local and national sources of online, telephone and face-to-face support. Oxford Health CAMHS also has a new website, still under development, which includes tools for professionals such as Harmless (re: self-harm concerns). We welcome this recommendation and are ambitious to align it with Wiltshire's Digital Strategy.</p> <p>c) A communications strategy for early support, as well routes into specialist CAMHS, is required. To date, this has been intermittent and will be addressed through the creation of a children's mental health and wellbeing communications strategy, to be delivered in partnership with Public Health, Wiltshire Council, Wiltshire CCG and Oxford Health communications teams. The plan will be monitored through the FACT Integrated Mental Health Group.</p> <p>d) The Access Coordination function is now operational within Wiltshire CAMHS. This service has received positive feedback from GPs and schools. Through contract monitoring and stakeholder engagement we will be able to report on its effectiveness, whether capacity can meet demand, and what other resource might be required.</p>
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<p>Recommendation No.2</p>	<p>Research and identify if children and young people who are considered as LAC or with SEND are more likely to</p>
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	<p>have a mental health need and this information to be used as part of service improvement through:</p> <ul style="list-style-type: none"> a) For CAMHS therapists/clinicians/practitioners to be given greater training around engaging with children and young people with SEND, especially those who are non-verbal b) For LAC and children and young people with SEND to be treated by CAMHS up to the age of 25, if they first approach CAMHS when they are in full-time education.
<p>Reason for recommendation</p>	<p>To help improve the CAMH service being delivered even further.</p>
<p>Cabinet member and Wiltshire CCG Lead</p>	<p>Cllr Laura Mayes Lucy Baker</p>
<p>Executive response</p>	<p>Wiltshire CCG & Wiltshire Council</p> <p>2A = Accepted</p> <ul style="list-style-type: none"> a) It is agreed that this is an area for development. Work will be carried out with Oxford Health to analyse need and source appropriate training. We are linking with the SW Region Clinical Network which also sees this as an area for development. We will work closely across the STP to build this work into our workforce development plans. In addition, Wiltshire CCG has funded for 15 months a dedicated CAMHS worker to join the No Wrong Door team to provide integrated support to children, young people and families. This post is due to commence January 2019. Its purpose is to divert young people and families in crisis from entering the care system. <p>2B = Rejected</p> <ul style="list-style-type: none"> b) Transitions for young people with additional vulnerabilities (e.g. living in care, SEND) are recognised as needing review. In the next 12 months, we will research good practice and work with providers

	<p>over their transitions protocols to determine what steps are required to make improvements. Current national policy, contractual arrangements and funding streams do not allow for an expansion of the CAMH Service for all SEND young people up to the age of 25, resulting in officers being unable to implement this recommendation in full in the immediate future. National NHS planning guidance for 18/19 is expected to request dedicated mental health pathways for 17-24 year olds.</p>
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<p>Recommendation No.3</p>	<p>For there to always be continuity of care and the child/young person to be placed at the centre of any decisions which may arise due to boundary issues:</p> <ul style="list-style-type: none"> a) Review if those children and young people who receive education in a different county to their home address are disadvantaged in their mental health care b) Actively ensure that relationships are established with other local authorities, so that there is always continuity of service, despite any boundary issues that the child/young person may encounter.
<p>Reason for recommendation</p>	<p>To help ensure that children and young people can continue to access the support and help that they need, regardless of their personal circumstances, for example – each parent living in a different county, or attending school in a different county to their home address.</p>
<p>Cabinet member and Wiltshire CCG Lead</p>	<p>Cllr Laura Mayes Lucy Baker</p>
<p>Executive response</p>	<p>Wiltshire CCG & Wiltshire Council</p> <p>3A = Accepted</p> <ul style="list-style-type: none"> a) The recommended review will be helpful in determining where potential barriers to accessing care

	<p>might exist, and where action needs to be taken to alleviate those difficulties.</p> <p>3B = Accepted</p> <p>b) Active relationships with other local authorities are assisted through the joint STP-wide commissioning model and, also, through regional development work coordinated by NHS England. Work will actively be undertaken to strengthen these links and will be addressed with the provider to ensure service-level relationships are in place to enable effective and efficient transfer of patients as and when required. In addition, planning has commenced for CAMHS services to be commissioned at an STP footprint level across BaNES, Swindon and Wiltshire (BSW) to support pathways across geographical boundaries.</p>
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<p>Recommendation No.4</p>	<p>Positive outcomes appear to have been achieved in all areas where a CAMHS worker has been embedded within the team. Therefore, to consider that where possible, all Wiltshire Council services that have regular contact with CAMHS to have a designated CAMHS worker embedded within the team.</p>
<p>Reason for recommendation</p>	<p>The task group believe that having a CAMHS worker embedded will help to encourage:</p> <ul style="list-style-type: none"> • Greater communication • Good working relationships • Understanding of mutual service demands and structures • Placing the child/young person at the heart of care delivery and decision-making
<p>Cabinet member and Wiltshire CCG Lead</p>	<p>Cllr Laura Mayes Lucy Baker</p>
<p>Executive response</p>	<p>Wiltshire CCG & Wiltshire Council Accepted</p>

	<p>There is anecdotal evidence to suggest that embedded CAMHS workers in social care teams (and in schools) are having a positive impact on children's outcomes. We intend to extend this good practice once a formal review has been undertaken and impact is evidenced. The requirements of the NHS national guidance will also be reviewed to help co-produce with partner agencies and most importantly children, young people and families models of care, which delivers our espoused outcomes.</p> <p>Nevertheless, as of January 2019, there will be an additional full-time CAMHS therapist in the Children in Care team, and a part-time therapist allocated to the No Wrong Door project (as a pilot for 15 months as mentioned above). These are additional posts.</p>
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<p>Recommendation No.5</p>	<p>CAMHS to create a blue-print Mental Health Strategy, which all Wiltshire schools should use to develop/update their own Mental Health Strategy, based on the school's needs and in partnership with the Wiltshire Healthy Schools initiative.</p>
<p>Reason for recommendation</p>	<p>To help ensure that the mental health children and young people is considered holistically and that Headteachers incorporate the mental health needs of their pupils into the strategic running of their school.</p>
<p>Cabinet member and Wiltshire CCG Lead</p>	<p>Cllr Laura Mayes Lucy Baker</p>
<p>Executive response</p>	<p>Wiltshire CCG & Wiltshire Council</p> <p><i>Accepted</i></p> <p>We would like to link this work to the Wiltshire Healthy Schools programme which already offers schools the opportunity to identify Mental Health Champions or leads, and a menu of resources from which to improve a school's early intervention offer. We will work with our CAMHS provider to develop the strategy.</p> <p>The CAHMS strategy will also need to be co-created with partner agencies and children, young people and families. It</p>

	will form part of the BSW Mental Health Transformation Vision and Strategy.
Recommendation No.6	As a matter of urgency, a pathway to be created which smooths the transition between CAMHS and adult mental health; so that continuity of care and support is achieved.
Reason for recommendation	A large majority of the task group's evidence pointed to the need for a transition arrangement to be put in place between CAMHS and Adult Mental Health Services. Evidence showed that young people often spiralled downwards in their mental health, when they were unable to continue to access the support that they had been reliant on with children's services.
Cabinet member and Wiltshire CCG Lead	Cllr Laura Mayes Lucy Baker
Executive response	Wiltshire CCG & Wiltshire Council <i>Accepted</i> Work is already underway between Oxford Health CAMHS and the Avon and Wiltshire Partnership (delivering adult mental health services) to improve the transition pathway. There is an expectation within contracts that this pathway is improved and enhanced for service users. This work is being reported through contract management. However, it will now also be a main focal point for the FACT Integrated Mental Health Group and is welcomed as a recommendation. We are pressing for this pathway to be finalised by April 2019.

5. Wiltshire CCG and Wiltshire Council have welcomed the opportunity of this scrutiny exercise. It has brought into focus key areas of development to improve the offer of support earlier, and for those in most need.

Proposal

6. To note the executive response to the **Final Report – Part One of the CAMHS Task Group**.

Cllr Laura Mayes, Cabinet Member for Children, Education and Skills
Lucy Baker, Wiltshire CCG – Lead for Children and Adolescent Mental Health

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