

## How can you help the Service?

- There are many students in the health professions who require a period of training in the community.
- A student may accompany the nurse, occupational therapist or physiotherapist who visits you and may assist in your care. Please inform the member of the team who is visiting you if you do not wish a student to visit your home.
- You and your relatives/carers are responsible for obtaining prescribed items.
- You and your relatives/carers will be responsible for caring for equipment that you may need in your own home.
- It would be appreciated if pets could be kept under control when staff are visiting you.

## How to contact the Short Term Assessment and Reablement Service

**Your Team Leader is:**  
Sister Pat Herring

**Telephone:**

8am to 8pm – 01460 243028 or  
07919 543017

8pm to 8am – 0870 240 6334 (GP) or  
01823 349040 (Nurse)

We will periodically evaluate the service by using patient and carer questionnaires

Feedback is welcome and can be made to any member of the team, also to:

Heather Stanton  
PALS Manager  
South Somerset Primary Care Trust  
South Petherton Hospital.  
Hospital Lane,  
South Petherton  
TA13 5AR

## Short Term Assessment and Reablement Service - STARS -



Information for patients and their relatives and/or carers on the Short Term Assessment and Reablement Service in South Petherton, Martock and Stoke sub Hamdon

## What is the Short Term Assessment and Reablement Service (STARS)?

The STARS service is available to any patient over the age of 18 who is registered with a General Practitioner from the South Petherton, Martock and Stoke-sub-Hamdon practices.

The STAR service is a multi-professional team providing short term intensive medical care for patients at home. This is normally for a period of five days. The service is available seven days a week and may include night care. It is intended for patients who would otherwise need to be admitted to hospital or who need a rapid, safe and effective discharge from hospital.

The STARS team comprises trained nurses, support workers, and occupational therapist and physiotherapist. They are experienced health professionals with a wide range of skills and abilities.

The STARS team works closely with your General Practitioner and other professionals, such as community nurses, specialist nurses, social workers, therapists, hospital staff and Day Assessment and Reablement Unit.

All team members carry an identification card which will be shown on request.

## What can we offer you?

To access the service you need to be referred by a healthcare professional and accepted onto the service by your GP who will provide medical cover. A nurse will visit you at home to discuss the plan of care for a maximum period of five days. The plan of care will aim to work alongside existing services you are already receiving.

This plan of care may include:

- 24 hour access to the nursing service
- Visits from members of the nursing team to give skilled nursing care or specific treatments
- Overnight sitting service
- Completely confidential advice about any health matter
- Information about and /or referral to other health/social services available.
- Support for carers
- Teaching you, or your carer, ways in which you can maintain as independent a life as possible
- Assessment from the team occupational therapist or and physiotherapist

## How can you help the STARS team?

- By being involved in making decisions and working in partnership so we can provide the care you and your family need.
- By expressing any concerns about your care to any team member
- By participating fully in any exercise plan you have been given
- By reading the plan of care that is left in your home and taking this with you on hospital visits. Please make it available to other members of the health care team.
- **By keeping your plan of care and notes safe**

THE STAR SERVICE IS AN NHS SERVICE