|   | Healthy Communities   |   |                           |   |  |   |   |  |  |  |
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|   | Headline Outcome  | Sub - Outcome   | Owner - Lead              | Activities  | Partner/Resources  | LAA Indicator or<br>output  | Target  |  |  |  |
| 1 | Improve Health and Reduce Health Inequalities through targeted activities in and between local communities where life expectancy is lowest and/or deprivation highest with specific reference to lifestyles which influence the following: ?8CHD ?**Stroke ? Cancer ?ŽAccidents ? Mental Health and wellbeing ?rSexual health and teenage pregnancy | Reduce levels of binge drinking, population drinking in excess of recommended Government targets and under age drinking | HW<br>Project<br>Director | Develop Community engagement programmes in local communities where crime due to alcohol | Alcohol Harm Prevention<br>Group;<br>Safer Wiltshire Executive;<br>Limited resources available<br>via Healthier Wilts budget | 1) Number of completed and successful community programmes 2) No of completed campaigns in workplaces | 1)3 in target localities by 2010 2)50% of WiSB (by 2007) and 10 other medium/large (100 employees +) organisations(2009) 3)55% by Dec 2007 with focus on schools in deprived areas 4)5% pa increase in attendance |  |  |  |
|   |   |   |                           |   |  | programme  4) Number of targeted individuals attending tier 2 young people specific training progs    |   |  |  |  |

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|                     | Halt rising trend of obesity<br>1.2a in adult population (improve<br>diet ) |              | Review Develop and implement Wiltshire wide Obesity Strategy Amend content of locality training programme to reflect healthy eating issues, and then roll-out to targeted areas as identified through Food Mapping exercise.  Commission health services against an agreed care pathway for the prevention of overweight and obesity, the management of adults who are overweight and obese including surgical interventions for the morbidly obese.  Monitor compliance with QOF requirements.  Through the Exemplar Employer initiative establish a "Healthy Food awards" scheme for employers providing healthy food in the workplace.  Pro-active engagement with the food industry  Repeat Healthier Wiltshire Survey | Healthy Eating Alliance Private sector (eg not for profit food organisations) Adults | 2) To be developed as Strategy establised - will reflect effectiveness of commissioned health services, appropriate use of anti-obesity medicines and outcomes from relevant schemes funded through Big Lottery Fund (if bid(s) approved) 3) % employees eating 5 fruit and vegetable portions per day (LPSA) 4)Numbers of employers achieving Healthy Food awards | 1)AAACM - continue to reduce overall and maintain (or reduce) gap between highest quintile and all other electoral wards  2)Establish whether GP practices have sufficient info to create obesity register -2007; set targets with focus on practices serving deprived communities- 2008 and 2009  3)Increased self reported consumption of fruit and veg(measured via Healthier Wiltshire survey LPSA target: 5% increase in nos of employees eating 5 a day from 2005 to 2008  4) Award designed 2007: 3 large employers achieving award -2009 |  |  |

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|                     | Halt rising trend in obesity<br>1.2b the 0 - 19 population<br>(improve diet) | PCT/ LA Director of Public Health | Introduce new school food standards through appropriately commissioned school meals services. Implement Wiltshire Healthy School programme Complete annual weight and height measurements of Reception Year and Year 6 within national timescale  Ensure maintenance of the schools fruit and vegetables scheme.  Increase breast feeding initiation rate by 2% per annum, targeted at women from disadvantaged groups. | Private sector (e.g. not for profit food organisations) | engaged in the<br>Healthy Schools<br>programme | practices have sufficient |  |

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|                     | Halt rising trend of obesity<br>1.3 in population (increase<br>physical activity) |              | 1)Improve recreation and sports facilities and access in target communities where rate of participation lowest and deprivation highest 2)Use schools as focal point via Schools Sport Partnerships and Travelwise 3) Develop active aging programme for older people 4)Develop community programmes which encourage greater use of existing facilities in clubs and elsewhere 5)Review and standardise (best practice) GP exercise referral programmes | WASP/Health Develpoment group DCs  WCC/LEA  Age Concern/Community First; PCT; WCC/DACS  Resources limited – application to Lottery Wellbeing Fund planned | 1) Increase in activity levels 2)i)Schools achieving 2hrs high quality Sport/PE per week 2)ii) Schools and others offering 4hrs sports to all children 3)Number of defined community programmes (see older people's block ref 2.1) 4)Number of referrals from appropriate schemes | 1)i)1% pa increase in nos achieving 1/2 hour per day moderate intensity activity; 4 % + over 3 years in target areas 1)ii)LPSA targets - 2% increase in nos of children in year 10 achieving 1 hour per day moderate intensity activity from 2005 to 2008 3% increase in nos of employees achieving 1/2 hour per day moderate intensity activity from 2005 to 2008 2)ii) 86 % of pupils by 2008 2)ii) All schools by 2010 3)(see older people's block ref 2.1) 4)Baseline established for number of people accessing exercise referral schemes 2007, increase in numbers attending in 2008 and 2009 |  |  |

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|                     |     |                              | PCT/LA        | 1)Deliver smoking cessation services targeted to  | NHS – PCT, GPs           | 1)Smoking prevalence       |  |  |
|                     |     |                              | Director of   | manual workers, pregnant women and other people   |                          |                            | people smoking (Healthier                          |  |
|                     |     |                              | Public Health | living in deprived areas                          | District Councils –      | ' '                        | Wiltshire Survey):                                 |  |
|                     |     |                              |               |   | Environmental Health and |                            | LPSA target 2% reduction                           |  |
|                     |     |                              |               | 2)Promote Smoke Free Wiltshire Awards             | Trading Standards        |                            | in both nos of employees                           |  |
|                     |     |                              |               |   |                          |                            | and nos of year 10 pupils                          |  |
|                     |     |                              |               | 3)Support employers introducing smoke free        | WCC – Education, Healthy |                            | from 2005 to 2008                                  |  |
|                     |     |                              |               | premises and sites ahead of proposed legislation. | Schools Team             |                            | 2)i)Achieve 4 week quit                            |  |
|                     |     |                              |               |   |                          | P.                         | targets as per PCT LDP for                         |  |
|                     |     |                              |               | 4)Work with Healthy School Team to deliver        | Economic Partnerships    | businesses achieving       | 2006/07 and 2007/08                                |  |
|                     |     |                              |               | smoking prevention messages to young people.      |                          |                            | (targets not yet set for                           |  |
|                     |     |                              |               |   |                          | smoke free awards          | 2008/09)   |  |
|                     |     | Reduce the incidence of      |               | 5)Work with retail outlets to prevent sales of    |                          |                            | 2)ii)Wiltshire quit rate in line                   |  |
|                     |     | CHD, Stroke and cancers      |               | tobacco products to children and young people     |                          | ,                          | with national average                              |  |
|                     | 1.4 | through reducing the         |               |   |                          | achieving Healthy          |  |  |
|                     |     | incidence of smoking and     |               |   |                          | Schools status.            |  |  |
|                     |     | the harmful effects of smoke |               |   |                          |                            |  |  |
|                     |     |                              |               |   |                          | 5)Number of                | 3)Number of premises with                          |  |
|                     |     |                              |               |   |                          |                            | Platinum or Gold Smoke                             |  |
|                     |     |                              |               |   |                          |                            | Free Award   |  |
|                     |     |                              |               |   |                          | underage young             | A)===(   |  |
|                     |     |                              |               |   |                          |                            | 4)75% of schools achieving                         |  |
|                     |     |                              |               |   |                          |                            | healthy schools status                             |  |
|                     |     |                              |               |   |                          |                            | 2008; 100% 2010                                    |  |
|                     |     |                              |               |   |                          |                            | E\Draggetions as a recult                          |  |
|                     |     |                              |               |   |                          |                            | 5)Prosecutions as a result of underage sales of    |  |
|                     |     |                              |               |   |                          |                            | v  |  |
|                     |     |                              |               |   |                          |                            | tobacco - set target 2007;<br>reduce 2008 and 2009 |  |
|                     |     |                              |               |   |                          |                            | reduce 2006 and 2009                               |  |

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|                  | 1.5 Reduce sexual health inequalities                                      | PCT/ LA  Director of Public Health                                  | within identified communities/localities in order to access "hard to reach and/or most vulnerable groups" within those areas.  After 3 and 6 months evaluate the impact on the health of these client groups of training prior to | PCT – Health promotion, school nursing and health visiting  WCC – YOT, Teenage pregnancy co-ordinators, Youth Development Service, Children Looked After, Education  District Councils – leisure services, trading standards environmental health (licensing)  Non statutory organisations – Gay Men's Health, Terence Higgins Trust  Service Providers – NHS Trusts, voluntary agencies Service users | young people aged 16-<br>24 being screened for<br>Chlamydia<br>Increased number of<br>people accessing<br>treatment for sexually<br>transmitted infections | Reduction in teenage pregnancy (see Children's block)  GUM 48 hour waiting time achieved  ?Reduce numbers of people aged <24 years treated for STIs by 10% by 2009 |
|                  | Reducing the incidence of<br>1.6 all accidents in people under<br>19 years | PCT/ LA  Director of Public Health PCT/LA Director of Public Health | behaviours by young people (cross reference<br>Children's Block) Understand accident data (accidental, non-   | NHS – PCT, public health, NHS Trusts, health visitors and school nurses, Ambulance Trust  WCC – Education, road safety, Wiltshire Police  Wiltshire Fire Service  Network Rail and British Transport Police  | Agreed standard for<br>robust data collection<br>and information during<br>Year 1<br>Year 2 / 3 indicators to<br>be determined once<br>above agreed        | see indicator  |

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|                     | Increase the awareness of<br>1.7 mental health problems<br>within communities | PCT/LA<br>Director of<br>Public Health | Implement local alcohol and drugs harm reduction programmes, for all ages (cross reference Safer and Stronger block).  Increase awareness of work related stressors by Exemplar employers, and ensure development of local policies and procedures that support affected members of staff.  Increase awareness of the potential impact of deprivation and health inequalities on the mental health status of individuals (all ages) - Cross reference Children's block for bullying. | Employers  NHS – PCT, Mental Health Trust, health promotion  WCC – SWEx  Healthier Wiltshire | Number of workplaces engaged in:  Improving mental health awareness Identifying and reducing work related stress Reducing drugs and alcohol is the workplace  Numbers of <19s requiring treatment for illegal drug taking and/or binge drinking or alcohol misuse  To amend | To achieve activities  To add target |  |  |
|                     |   | PCT/LA<br>Director of<br>Public Health | Monitor prescriptions of statins, cholesterol lowering drugs and anti-hypertensives  Use QOF data to measure prevalence and incidence in populations  Target interventions according to above.   | PCT – GPs, Pharmacists Service Users   | TBC   | TBC                                  |  |  |