

March 2018**Overview**

NHS Wiltshire Clinical Commissioning Group (CCG) is responsible for commissioning a broad range of healthcare for the population of Wiltshire. We are led by experienced local GPs drawn from across the county, who provide clear clinical leadership to the big decisions affecting the future of healthcare provision in Wiltshire, carefully tailored to meet the differing needs of people locally.

Our vision is to ensure the provision of a health service which is high quality, effective, clinically-led and local. We are committed to delivering healthcare that meets the needs of Wiltshire people, to consult and engage with our population to enable them to be involved in decisions made about health services and to deliver those services to people in their own homes or as close to home as possible.

The right healthcare, for you, with you, near you

News from the CCG!**New service to support children and young people with their emotional wellbeing**

The views of over 200 individuals from across Bath and North East Somerset, Swindon and Wiltshire have helped shape a modern service for children and young people with emotional wellbeing and mental health problems.

The new Child and Adolescent Mental Health Service (CAMHS) service starts on 1 April 2018 and will be delivered by Oxford Health NHS Foundation Trust. The service be providing targeted and specialist mental health and wellbeing support to children and young people aged 0-18 years, which includes having timely access to an integrated system of co-ordinated and effective promotion, prevention, early intervention and community support and treatment.

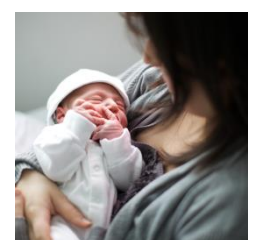
Ted Wilson, Director of Community Services and Joint Commissioning for Wiltshire CCG said: "With valuable input from young people across Wiltshire, Bath and North East Somerset and Swindon we have commissioned a mental health service that will better suit their needs, be easier for them to access and will provide improved advice and support."

National survey shows improvements in women's experiences of maternity care

Most women are having a positive experience of maternity care and treatment with the NHS, according to a survey of more than 18,000 people in England.

The Care Quality Commission (CQC) survey results reveal responses from women who had given birth in February 2017 in services run by 130 NHS trusts across the country.

Women were asked questions about all aspects of their maternity care from the first time they saw a clinician or midwife, during labour and birth, through to the care provided at home in the weeks following the arrival of their baby. The results highlighted improvements in areas such as choice on where to give birth, quality of information and access to help and support after giving birth.



The full results for England as well as individual results for each trust are available on the CQC's [website](#).

Find the right health care advice and treatment over the Easter bank holiday

The four day break over Easter can sometime catch people off guard when it comes to planning for their healthcare needs. With GP surgeries in Wiltshire closed on Friday 30 March and Monday 2 April 2018, Wiltshire CCG are asking people to plan ahead and consider the range of healthcare services available to them if they need medical advice or treatment over the bank holiday. To find out what health services are available visit our website: www.wiltshireccg.nhs.uk.

We also strongly recommend that people think ahead and check that they have enough of their routine medication to see them through the four day weekend. If you need to order more, it is advisable to request it well in advance of the bank holiday to ensure that you receive it in time.

A list of pharmacies that are open over the Easter bank holiday will be posted on the CCG's website nearer the time.

Focus on cancer

More than one in three people in England will develop some form of cancer during their lifetime.

Cancer can start almost anywhere in the human body, which is made up of trillions of cells. Normally cells grow and divide to form new cells when the body needs them. When cancer develops, old or damaged cells survive when they should die, and new cells form when they are not needed. These extra cells can divide without stopping and may form growths called tumours. These cancerous cells can invade and destroy surrounding healthy tissue, including organs.

There are more than 200 different types of cancer, and each one is diagnosed and treated in a particular way. The four most common types of cancer diagnosed in England are:

- [Breast cancer](#)
- [Lung cancer](#)
- [Prostate cancer](#)
- [Bowel cancer](#)

Spotting the signs

It is important to be aware of any unexplained changes to your body. If you notice any changes to your body's normal processes or unusual, unexplained symptoms – such as the sudden appearance of a lump, blood in your urine, or a change to your usual bowel habits, it's important to see your doctor so they can investigate. The chances are it is nothing serious, but it might be something that needs attention and if diagnosed earlier, treatment can be a lot more successful.

Click [here](#) for more information on cancer and spotting the signs and symptoms.

[Be clear on cancer – breast cancer in women over 70](#)

In England, one in three women who get breast cancer are aged 70 or over.



Breast cancer is the most common cancer in England with around 44,300 women diagnosed each year, of which around 13,500 (a third) are aged 70 and over. The older you are – the more likely you are to get it.

This campaign aims to get more women with breast cancer diagnosed at an early stage by raising awareness of the symptoms so it's important to get to know how your breasts look and feel normally, so that you will find it easier to spot something unusual.

A lump isn't the only sign of breast cancer. If you do notice any changes to your breast you should make an appointment to see your doctor straight away. It might not be anything serious, but if it is, getting a diagnosis early can make a real difference.

Campaigns

[Know the signs of a stroke and act F.A.S.T.](#)

We are encouraging you to learn the F.A.S.T. test to help you identify the early signs of a stroke and save more lives.



The F.A.S.T. test identifies the three most common symptoms of a stroke and the right action to take:

Face: Can the person smile? Has their mouth or eye drooped?

Arms: Can the person raise both arms?

Speech: Can the person speak clearly and understand what you are saying?

Time: call 999

If you recognise any single one of these symptoms of stroke, in yourself or others – CALL 999 straightaway. The sooner somebody who is having a stroke gets urgent medical attention, the better their chances of a good recovery.

Your pharmacy can help!

Your pharmacy team can help you with minor health concerns. Visit our [website](http://www.wiltshireccg.nhs.uk/local-services/pharmacies) to find out where your nearest pharmacy is: <http://www.wiltshireccg.nhs.uk/local-services/pharmacies>

Community pharmacists and pharmacy technicians are qualified healthcare professionals who can offer clinical advice and over the counter medicines to effectively and safely manage a range of minor health concerns, including:



- Sore throats
- Coughs
- Colds
- Tummy troubles
- Teething

Every pharmacist is trained in managing minor illnesses and providing health and wellbeing advice, so they are the right person to see for minor health concerns.

With over 12,000 pharmacies open every day of the week in England, and many offering extended opening hours in the evenings and weekends, it is easy to find a pharmacy close to you.

Pharmacists are healthcare experts who can give you clinical advice, right there and then, and if your symptoms are more serious, they can ensure you get the help you need.