

Amesbury Health and Wellbeing Group

Evergreen Court, Amesbury

Monday 19 August, 10am – 11.30

Notes / Action Points

1. Updates from members

Celebrating Age – lots of activities being undertaken. Irish music event had been excellent at Evergreen Court with a good turnout.

Carers' Support – a new monthly Carers' Support group was up and running in Amesbury the 2nd Friday of every month, 2pm – 4pm at Evergreen Court.

There was also a new Parent Carer group in Boscombe at the Nicholson Centre and Tracy would find out the details about this. Jacqui was going to visit and look possibilities for extending this to other areas.

Mike Symmonds (Local Area Co-ordinator) explained his role to the group. He helped people to make positive changes to their lives and to re-connect with the community. People could self-refer or be referred.

Diane Makepiece from Contact the Elderly was hoping to set up a new service in Amesbury. This was a Sunday afternoon lunch club whereby volunteers opened their doors to host the lunch. Diane was looking for volunteer hosts, drivers and a volunteer co-ordinator. No more than 1 step in the house. Jacqui said she would help look for volunteers and publicise the initiative.

Diane also talked about the Indoor Bowls at 5 Rivers and they were looking for more people to attend. Although there is indoor bowls in Durrington, the 5 Rivers has a full length facility.

Cllr Graham Wright informed the group about their Community Innovation Group (via the Rotary Club) – they were having an event on 21 September from 9.30am to 11am.

Healthwatch Wiltshire were presenting their findings on "How Dementia Friendly is Wiltshire" which was largely positive. They were now collecting information from anyone that had been involved in Safeguarding.

Jacqui informed the group that the new Hoppa Bus would be launched on Thursday 21 August at 12 noon at the Holiday Inn, Amesbury.

OSJ were having another open day on 21 December; the last one in July had been very successful and well attended.

Leah from the Wednesday Club in Steeple Langford informed the group about her plans to set up a specific group for Men once a month. This would be in The Rainbow, Steeple Langford.

Military / Civilian joint working

A discussion took place regarding military / civilian integration and working together. It was felt that it was often difficult to share resources and the military seemed self-sufficient. There was plenty within the community that the military could access. The next Area Board meeting on January 16th would be held at Larkhill and would be aimed at the military personnel in that area. The aim would be to share information and resources, to see what was on offer to both communities. The best outcome was for both communities to share resources and work together.

OCM blogsite

Jacqui reminded the group about Our Community Matters. This is a blogsite hosted by Wiltshire Council that anyone can contribute to. All you need to do is register and get a password. It is a useful platform for advertising what is happening in the area. A newsletter goes out each Friday to 1000 people and Jacqui has almost 900 followers on twitter who are reached with the newsletter too. So it is definitely worth contributing and advertising events etc. Jacqui could put information on if people found it difficult, but she would also be happy to go through how to do it.

2. Know Your Community

Jacqui was undertaking some equality and diversity work in terms of getting to know an aspect of the Amesbury community in greater depth. This fell under the normal remit of her work but she would focus on this over the next couple of months for Cllr Alison Bucknell as part of a pilot. At the moment, the protected characteristic was "disability" focussing on mental health and autism. Any offers of interviewing small groups and / or individuals would be welcomed.

3. Funding and Grant applications

£3810 was available to fund Health and Wellbeing projects focussing on older people / loneliness & isolation.

One application was discussed. This was for **£85 "Celebrating Addison Square"**. A BBQ would be held to celebrate the refurbishment and updating of the premises which had taken quite a long time. The group thought this was a very beneficial project and agreed to recommend the funding.

Jacqui and Graham would take to the Area Board on 12 September.

4. Future Initiatives

Christmas event at Stonehenge. Date to be announced. This was open to everyone in the community. Transport could be supported. Mince pies and mulled wine and a discount in the shop.

Cinema Club – a discussion took place about the club in Durrington and plans to set up a new club in Evergreen Court. Rob was working on this and there was a possibility it could be rolled out.

Men's Shed - Jacqui updated the group. The currently preferred location was behind Amesbury leisure Centre. The garden's had been done but there remained space for a shed. Everyone using the facilities could benefit from a shed project. Jacqui would be setting up a public meeting to take this forward in September.

5. AOB & Date of Next meeting;

Monday 11 November – 11am – 12.30pm – please arrive at 10.45 as we undertake a 2 minute silence together. Evergreen Court, Amesbury