

Report to	Royal Wootton Bassett and Cricklade Area Board
Date of Meeting	25/03/2020
Title of Report	Update from the RWB&C Health & Wellbeing Group

1. Purpose of the report:

To ask Councillors to note the discussions held, recommendations and actions proposed by the Health and Wellbeing Group when it last met on Wednesday 19th February 2020 at Pips Community Café, Purton.

Actions and Recommendations	Lead
a) Source appropriate equipment to facilitate ongoing Tea and Talk sessions, put in a request to the Area Board to enable them to be acquired. Recommend that the Area Board supports an application for this equipment.	Pat Hughes MC/JV report to the area board
b) Ask the Area Board to note a delegated decision to allocate £200 to facilitate Tea & Talk (Mental Health self-support) sessions through to the end of 2020.	MC/JV report to the area board
c) Existing H&W funding allocated for the Tea and Talk facilitated art project should be held by the area board into 2020/21 financial year, while the group evolves and consolidates.	MC/JV report to Area Board
d) Investigate ongoing Wiltshire Council Funding for Celebrating Age centrally with Jessica Gibbons and Adult Social Care.	Allison Bucknell
e) Find out if libraries could help to facilitate a community calendar/noticeboard of events and activities.	Pat Hughes
f) RWB&C Wiltshire Council One team to explore ideas about a Health and Wellbeing themed/marketplace style area board and reported back to the next meeting.	RWB&C one team
g) Recommendation that the Area Board should fund an application from WSUN towards positive activities for people with memory loss and their carers.	MC/JV report to the area board
h) Arrange venue and create agenda for the next meeting	MC/JV

2. Meeting notes from The Health and Wellbeing Group:

Wednesday 19th February

10 am at Pips Community Café, Purton



Apologies: Sally Maynard Smith (Health Trainer), Alison Killeen (RWB&C Library Manager), Kate Davidson (Link6), Linda Frost (Caring about Dementia RWB), Alex Neal (Community First), Deb Skilton (The Rise Trust), Bob Jones (Wiltshire Councillor and Cricklade Link); David Tetlow (Cricklade Open Door), Ashley Harris (Carers Support), Rob Noel (Tinkers Lane, Practice manager).

Attendees: Mary Champion - Chair (Wiltshire Councillor), Alice (Student), Allison Bucknell (Wiltshire Councillor), Stevie Palmer (volunteer Bradenstoke), Pat Hughes (volunteer RWB), John Hooper (volunteer RWB), Frances Barrone (Local Area Coordinator), Helen Dixon (Open Door, Cricklade), Jane Vaughan (Community Engagement Manager)

○ Local Actions and Priorities:

○ Development of Tea and Talk sessions – discussion

- Pat and John reported that around 25 people are attending each session, the most recent took place on Monday 17th February. People attending have said they would like to carry on meeting every third Monday of the month.
- The Local Area Co-ordinator reported that sessions were proving to be very useful for the local people who she is walking alongside.
- Local volunteers Pat and John reported that attendees to the sessions were responding positively to gentle facilitation from the volunteers and they have been able to give out a lot of relevant information, when appropriate. They reported that local people are travelling from across the community area to be involved (including one person from Latton at the last session), however, the biggest barrier to people coming from across the community area is transport.
- Practically there was a need for coffee tables and other basic equipment to help facilitate the sessions.

Pat and John were asked to source appropriate equipment and put in a request to the Area Board to enable them to be acquired. (PH and JH Action)

- Allison Bucknell proposed that the Area Board should allocate a further £200 to facilitate Tea and Talk Sessions through to the end of 2020, this has been decided under delegated authority. **(Mary Champion report to the Area Board).**
- Allison Bucknell said that people from the Rotary Club may be interested in coming along to chat with people at the sessions.
- **Facilitated Art Sessions** – It was reported that these sessions were still relevant, however it was felt that relationships with the regular participants was still at an early stage and progress should be delayed allowing the Tea and Talk sessions to develop further. It was suggested that the funding for this project should be held back while the group evolves and consolidates. (Mary Champion recommend to the Area Board)

○ Update on Celebrating Age (Rebecca Seymour).

- Rebecca gave an over view of the project which is due to end in May 2020. Results of Funding applications are awaited to Continue project for 5 years and expand to 10 areas. Allison Bucknell would work with Rebecca to look at ongoing Wiltshire Council Funding centrally with Jessica Gibbons and Adult Social Care. (Allison Bucknell Action)

- Rebecca provided leaflets for future Celebrating Age events, which already have funding to take place this spring.
- **‘Our Community Matters’ event** (Reviewing Joint Strategic Needs Assessment and local priorities)
 - Jane Vaughan provided information about the Royal Wootton Bassett and Cricklade JSNA event, which would be taking place at Cricklade Town Hall on 25th March. People were urged to sign up for a place at a discussion table - <https://www.eventbrite.co.uk/e/royal-wootton-bassett-cricklade-our-community-matters-tickets-91757590423>
- **Opportunity for everyone to update on opportunities for positive activity**
 - Frances Barrone said she believed there were currently lots of positive activities – but it seems that access is the tricky issue.
 - The RWB Men’s Shed is increasing in popularity and activity.
 - There was a suggestion that the RWB Library noticeboard might be able to provide a community calendar of events and activities (and potentially other libraries in the area too. Pat would have an informal chat with Ali Killeen to find out if libraries could help to facilitate something like this. (Pat Hughes Action)
 - There was a further discussion about whether this could form the basis of further work like the ‘Safer and Supportive Salisbury’ initiative or a Health and Wellbeing themed/marketplace style area board. This would be would be explored further outside and reported back to the next meeting. (JV/FB/RWB&C one team Action)
- A question was raised by a local volunteer about the role of the Health and Wellbeing group and a concern that it may be a ‘talking shop’. There was a discussion which suggested that most members present felt it was a valuable opportunity to bring different parts of the community together to discuss community issues, discover what different people are doing to address them, try to bridge gaps and avoid duplication. It was also felt important for those people working/volunteering in the community to be involved in ensuring that Health & Wellbeing funds held by the Area Board are distributed in the most appropriate way. It was also noted that this was only the 2nd meeting of the group, but it had already undertaken some positive actions in line with its terms of reference and would expect this to continue as the group developed.
- **Discuss possible Health and Wellbeing focussed Area Board meeting in September.** This had previously been discussed under ‘opportunities for positive activities.
- **Area Board Health & Wellbeing budget:** Allison Bucknell and Jane Vaughan introduced a potential project involving the 3Ms group and the Wiltshire Service Users Network which has applied for funding from the Health and Wellbeing fund.

The group looked on the project positively. Everyone was aware of the benefit of the existing 3Ms group and felt that the further development and support of that group would be of great value to members of the community living with memory loss and to their carers and wider families. It was decided a recommendation should be for the Area Board to fund this application. (MC Action)

- **New Members** – who should be invited to the next meeting
- JV reported she had been in contact with Local GP Practices to invite Practice Managers to be involved. It was hoped that, as the group develops they would attend, but in the meantime would be copied into notes and actions.
- It was suggested that Patient Participation groups should be invited to future meetings.
- **Next meeting date** – Wednesday 3rd June 2020 venue to be arranged. **(JV Action)**
- SNA priorities identified at the Our Community Matters event on 25th March, will form future agenda items for this meeting.

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