

Tidworth Area Board – March 1st 2021

Funding Proposal

What is the project name?	Social Prescribing and older person support
What is the project?	<p>The funding will be used to help support the social prescribing work and support of older people within the community area.</p> <p>Working closely with the surgery and the health and wellbeing group as well as other partners, some of the activities that are being proposed include:</p> <ul style="list-style-type: none"> • Artlift course • Cooking for older people • Gardening and allotment t help with mental health • Older person’s event • Creative work with those living with dementia • Social prescribing work
Who will benefit?	<ul style="list-style-type: none"> • The activities are aimed at vulnerable adults and older people in the area • Public services such as the surgery and adult social care will benefit by early intervention and appropriate support given to potential customers
When will it take place?	The work will take place during 2021/22 but depends upon Covid restrictions.
What are the financial considerations?	<p>The funding allocated to address health and wellbeing amongst older people has not been spent due to the lockdown restrictions. We know that demand for these activities is increasing. Mental health has been identified as the top local priority along with loneliness and isolation.</p> <p>Once the COVID restrictions are eased, we will want to start addressing these issues and running activities such as those described earlier. Conversations have been had with partners such as Creative Wiltshire to run activities in the summer. Funding is required to hold these, and it is requested that the remaining £7.5k is allocated to enable this to occur.</p>
Recommendation	That the area board agrees to allocate the remaining health and wellbeing funding to this project