

Pewsey Area Board Funding Proposal – March 8th 2021

What is the project name?	Activities For Older People during Covid Recovery 2021
What is the project?	PCAP was running a successful Memory Caf and Movement 2 Music Group in Pewsey in 2019. Then came the pandemic and the Caf stopped while the Movement class moved online. Now it is time to restart these groups in a venue again. With the vaccine being successfully rolled out and spring a month away we are asking for funds to hire the venues trainers crafters transport etc so that we can put together a program of activities to entice support and coax our older less mobile folk out of their houses and into social activities once more.
Who will benefit?	During lockdown PCAP moved our Movement 2 Music classes armchair and standing exercises for the less mobile online and we closed our monthly community run Memory Caf. We now want to begin to move them back to a large venue with social distancing if needed to help build confidence in being out and about and help our more vulnerable residents to get out of the house. This is about combating loneliness and improving mental health and well-being. The Movement 2 Music operates on a social prescription basis with qualified staff delivering the sessions. Initially we will run both online and venue based session alternating those sessions until we can get all the service users back in a venue safely. This group had 25 members and was becoming self-sustaining prior to March 2020. The numbers need building up once again. The community run Memory Caf or Friendship Caf closed in March 2020. Our insurers have been reluctant to reopen this social activity up to now for obvious reasons. Most of those who had attended were shielding last year. The Memory Caf runs on the third Monday each month from 2pm to 3-30pm. We had just moved from the Fire Station community room as they were beginning the refurbishment and we had outgrown the venue anyway with 15 regular users plus support staff. The service users help to choose the activities for this group and we also like to do an annual trip. The funding for the trip was secured last year and we hope to enjoy a canal boat trip in 2021. Now would be a good opportunity to possibly increase the number of Cafs during spring and summer to build up numbers once again and to experiment with other formats like crafting knit and natter art etc.
When will it take place?	The work will take place during 2021/22 but depends upon Covid restrictions.
What are the financial considerations?	Venue Costs - £480 Trainer activity delivered - £1,520 Admin, marketing, insurance - £300 Materials and additional costs - £205 Total funding required - £2,505
Recommendation	That the area board agrees to allocate £2,505 to this project from the health and well-being funding

