

**Amesbury Area Board Health and Wellbeing Meeting  
Tuesday 4 February 2021  
Round-up from the meeting**

**1. Information and initiative sharing:**

A well-attended meeting was held with multiple organisations and agencies from Amesbury and the surrounding villages. Cllr Graham Wright chaired the meeting.

**Action all: Please could everyone send Jacqui a paragraph or two regarding their service / activities. Jacqui would assist the process by sending out a form to complete. (Attached to these notes)**

**Carolyn Taylor** provided information regarding the **Health Improvement Coaches**: A dedicated Health Improvement Coach can assist people every step of the way to achieving and maintaining your goals to improve health and mental wellbeing. They can help find other services and activities. This service is for people aged 18 + and is free.

**Carolyn informed the meeting that there is capacity in the service if people need support. An important area that was available was support around mental health**

**Action all: please refer or get in touch if you know of anyone who needs some support from the service.**

If you work with people in Wiltshire and would like to know more about the service and how we can work together, you can email or phone – there is also a self-referral form. Information can be found here:

<https://www.wiltshire.gov.uk/public-health-improvement-coaches>

**Barry Davis** informed the meeting that there was food available to those who need it from the Baptiste Church – it was a pop up foodbank and they were receiving free excess stock:

Amesbury Baptist Centre, Butterfield Drive, SP4 7SN  
Office Tel: 01980 625255 Mobile: 07542 070956

There was also a foodbank operating from the information Centre, Flowers Lane, Amesbury SP4 7JE. Open Tuesday and Thursday 3pm – 5pm.

Maria reported that January had been the busiest month in their history with 5,000 emergency food meals (including Salisbury). Amesbury were around 10% of those supported.

**Nicole Abela** was also working with the pantry partnership to deliver food parcels – this was mainly in the Salisbury area. There had been referrals for 100 families over Easter. Details could be found here:

<https://www.thepantrypartnership.org/>

**Action: It would be useful to put a programme of food resources together for the Amesbury area – Jacqui would follow this up.**

**Graham Audin** reported that the Amesbury Hoppa service is operating and available for passengers. In 2019 they had 28,000 passengers but in 2021, this was down to 8,000 due to Coronavirus. Link Schemes were also down 70%. Yet both are providing a vital services to get people to health and wellbeing appointments and around the local area for shopping. Information on the Hoppa bus service can be found here:

<https://bustimes.org/services/hpb-amesbury-boscombe-down-amesbury-hopper-b>

<https://adults.wiltshire.gov.uk/Services/530>

Maureen Atkinson reported that the Bourne Valley link scheme was taking people to vaccine appointments and had taken 25 people recently. Also for shopping and prescriptions. Details of link schemes can be found here:

<http://www.southwilts.com/site/Winterbourne-Parish-Council/BV-Link-Scheme.htm>

**Community lunches** were running successfully via Zoom meetings every Thursday and around 14 people attended each week. Contact Maureen for more information: [maureenatkinson16@gmail.com](mailto:maureenatkinson16@gmail.com)

**Irene Kohler**, Salisbury Older People's Champion reported that there would be afternoon tea deliveries taking place in Amesbury – she was looking for nominations for the isolated people to receive them. Anyone could register and pick up a tea and take it to a vulnerable person with social distancing in place.

**(Post meeting note: the afternoon teas will be available 11 & 12 April from 12 noon until 2pm from the information Centre in Amesbury).**

**Action all: Please see the details here and organise & book pick up:**

<https://ocm.wiltshire.gov.uk/amesbury/afternoon-tea-delivery-for-isolated-isolating-older-people-in-amesbury-durrington-and-local-villages/>

**Rev. Jonathan Plows** reported that the Langfords were trying to recreate activities online and were hoping to have the clubs running when safe to do so. The Wednesday

Club had been closed for now but they had kept in touch with all participants. Isolation, mental health issue including young families was a growing issue.

Nicole Abela (Abri Housing) reported back on the success of the Gardening Outreach project. She was also supporting a new community group who were looking for a community garden.

**Action all: please contact Jacqui or Nicole if there are ideas for a location.**

Nicole was also looking into inter-generational projects and there was a lot of interest in this from others at the meeting.

**Durrington** – Graham reported a number of groups in operation such as the WI, Crafty Crafters, Over 60s, Friday Club and Friends of Durrington – the key was for all groups to be aware of each other's services and to link up and work together. Communication and publicity of what is on is key.

**Action all: Jacqui reminded everyone about OCM Our Community Matters – please register and put your news onto this site and a newsletter goes out to over 1000 people each Friday plus to over 1000 on twitter, so well worth doing:**

<https://ocm.wiltshire.gov.uk/amesbury/register/>

Graham also suggested that the group hold a mental health workshop whereby organisations can get together to discuss what is available, where are the gaps and how everyone could work together to target those in need and offer services.

**Action: Jacqui would set this up and invite a wide range of groups.**

(Post meeting note: Please see separate notes following the Mental Health workshop that took place on 24 February).

**Celebrating Age** were also visiting areas safely and providing concerts online and outdoors when the weather was agreeable. Some of the performances can be found here:

<https://www.wiltshiremusic.org.uk/learn-take-part/celebrating-age>

and a taste of the concerts here:

<https://www.youtube.com/watch?v=zdq-3xn35xo>

**Farley's Malone** were still providing virtual community lunches:

<https://www.farleymalonecommunity.org/>

## **2. Update on Health and Wellbeing grants awarded**

The meeting heard that the award of small projects around £300 in the run up to Christmas and in January had gone very well indeed with a number of project supporting vulnerable and isolated people in Amesbury and the surrounding villages. A snapshot of some of these projects are:

3945-Taking afternoon tea to isolated older people	Salisbury Older People's Champion
3926-Virtual Christmas Party Celebration and on going weekly virtual lunches	Farleys Malone Community (a larger project)
3938-Gardening Outreach Project	Abri
3966-Gifts for members at Christmas	Durrington and District Day Centre
3965-Elderly Parishioner Welfare Package	Winterbourne Stoke Village Preservation Society
3959-Durrington Over Sixties Post Covid Celebration	Durrington and District Day Centre
3967-Taking Afternoon Cream Tea to Durrington WI members	Durrington Women's Institute
4007-Support for vulnerable and lonely in The Winterbournes	Winterbourne Parish Council

3952-Helping the Vulnerable	Figcheldean Parish Council
4096-Till Valley Large Vegetable Competition	Berwick St James Village

### **3. Health and Wellbeing applications**

(Post meeting applications): There are currently two applications going to the Area Board meeting on March 18<sup>th</sup>. These include:

Sing and Breath Wiltshire – Music for Wellbeing request for £1500

Easter Egg hunt – Rotary – request for £300

Please see the separate Health and Wellbeing grants report for details.

### **4. Budget**

If grant all applications are awarded at the March 18<sup>th</sup> meeting, there will be £1,686 remaining in the budget with **£8,013 awarded to 13 projects this year.**

**Action all: Please continue to submit project proposals and applications to Jacqui up to the end of March.**

**Amesbury Health and Wellbeing Group**  
**Health and Wellbeing Activities Information including Mental Health Support**

Please complete and return to me: [jacqui.abbott@wiltshire.gov.uk](mailto:jacqui.abbott@wiltshire.gov.uk)

NB: Ideally, please consider using Our Community Matters to post this information. You can register easily here:

<https://ocm.wiltshire.gov.uk/amesbury/register>

Please attach a Jpeg picture to your post – a photograph or graphic.

It is worth putting articles on OCM when you can as a newsletter goes out each Friday and reaches over 1000 people, plus another 1000 via twitter. Please use this in addition to your own communication channels.

<b>What is the project / initiative name?</b>	
<b>Please give further details:</b>	
<b>Who will benefit?</b>	
<b>Where will it take place?</b>	
<b>When will it take place?</b>	
<b>Contact details / how to get involved:</b>	

## **Notes from Mental Health workshop 24 February 2021**

A workshop was held by the Health and Wellbeing group to consider the rise in mental health difficulties faced by a variety of people, particularly since Covid-19. Twenty groups and organisations were in attendance and the meeting was chaired by Cllr Graham Wright.

Jacqui shared a list of agencies that were providing Mental Health support (included with the agenda papers).

The meeting discussed local projects that were taking place and the plans to set up a range of activities during 2021 subject to national guidelines. These local projects would help to support people in addition to the services already available. More work would be undertaken on identifying gaps in services which local organisations and groups would attempt to fill. A lot of support was currently being offered by community groups and Parish Councils, including those groups set up as a response to Covid-19.

Key groups who seem to be facing increased difficulties include:

- Young people (13 – 19 age range)
- Younger children – years 5 and 6 becoming affected
- Families with young children – due to lockdown and pressures on finances
- Older people – vulnerable and isolated people
- Parent Carers – support services decreased due to Covid-19
- Disabled people through isolation and loneliness & reduced services

**Actions from the meeting:**

- **Jacqui would send a form to everyone to collate these projects & initiatives – see form on page 6 of this paper.**
- **All to put their projects and initiatives onto Our Community Matters (OCM) so that they would be included in a newsletter that goes out each Friday:**
- **<https://ocm.wiltshire.gov.uk/amesbury/>**
- **All to keep in touch via Amesbury Health and Wellbeing group & other forums**
- **All to feedback on gaps in provision as information becomes available**
- **All to make sure they are aware of support available from a range of organisations such as Health Improvement Coaches which offer Mental Health support and have capacity at this time**

**Please see also the list of Mental Health Support Services.**