

Concerned about the rising cost of living?

These **organisations** and **websites** may be able to help:

Age UK Wiltshire - www.ageuk.org.uk/wiltshire 0808 196 2424

A local charity working in the community to support older people, their families and carers.

Benefits calculators - www.gov.uk/benefits-calculators

Lists the independent benefits calculators available to find out what benefits you could get and how to claim.

Citizens Advice - www.citizensadvice.org.uk 0800 144 8848

Provides advice about budgeting and the extra help you can receive if you're struggling with the cost of living.

Community fridges - www.hubhub.org.uk/the-community-fridge

A space where everyone can share surplus food. Hubhub coordinates the world's largest Community Fridge Network.

Food banks - www.trusselltrust.org/get-help/find-a-foodbank

Community organisations aimed at supporting people who cannot afford the essentials in life. The Trussell Trust supports a nationwide network of food banks that provide emergency food and support.

Ask library staff for a full list of Wiltshire food banks.

FUEL - www.wiltshire.gov.uk/leisure/fuel-programme

A project that offers children that receive benefits related free school meals the opportunity to take part in fun activities and receive a meal during school holidays.

Help for Households - helpforhouseholds.campaign.gov.uk

Discover what cost of living support you could be eligible for.

Jobcentre Plus - www.gov.uk/contact-jobcentre-plus
0800 169 0190

If you're seeking work, you may be able to get six months of broadband through your local Jobcentre Plus.

Money Helper - www.moneyhelper.org.uk 0800 138 7777

A government-approved advice service providing money guidance.

Ofcom – www.ofcom.org.uk/social-tariffs

Lists the cheaper broadband and phone packages (social tariffs) available.

Warm and Safe Wiltshire - www.warmandsafewiltshire.org.uk

Offers Wiltshire residents free and impartial energy saving advice via an advice line - **0800 038 5722**. Provides help relating to insulation, heating and draft proofing and advice on available grants and schemes.

Wiltshire Council - www.wiltshire.gov.uk/worried-about-money
0300 456 0100

Provides information about benefits and the support available.

Wiltshire Family & Community Learning - workwiltshire.co.uk
01225 770478

Offers a range of courses, including ones on balancing budgets, saving energy and shopping for less.

Wiltshire Libraries - www.wiltshire.gov.uk/libraries

Libraries provide warm spaces with free access to books, newspapers, Wi-Fi and computers, plus printing for a small charge, and staff that can help to answer any queries you may have.

Wiltshire Money – wiltshiremoney.org.uk/wiltshire-resources

Lists schemes that provide cost of living support (compiled by Wiltshire Citizens Advice).