

**MARLBOROUGH HEALTH AND WELLBEING GROUP
MEETING 1ST OCTOBER 2024**

Attendees

Sarah Cardy; Age UK
 Councillor Jane Davies, Cabinet Member for Adult Services, SEND, Transitions & Inclusion
 Andrew Jack; Strategic Engagement and Partnership Manager, Wiltshire Council
 Amritpal Kaur: Healthwatch Wiltshire
 Natalie Langley-Bunce: WASP
 Sanjana Matthews-Mair; Health Trainer, Wiltshire Council
 Karen Montgomery: Social Prescriber KAMP
 Dominique Oughton: WASP
 Sasha Thorbek; Greatwood Charity
 Jill Turner, Chair, Marlborough Health and Wellbeing Group

Apologies

Frances Barrone; Prevention and Wellbeing Team Wiltshire Council
 Kate Brooks: Age UK Wiltshire
 Becky Bye – Rethink Mental Health
 Suzie Deering, KAMP
 Jonathan Mansfield; Alzheimer’s Wiltshire
 Sarah Marriott; Alzheimers Wiltshire Richard Spencer-Williams, Clerk, Marlborough Town Council

No.	ITEM and ACTION	ACTION
1	<p>Notes of the Meeting on 19th June 2024 The Notes of the meeting held on 19th June 2024 were agreed as an accurate record</p>	
2	<p>Matters arising There were no matters arising that were not on the agenda.</p>	
3	<p>Grant / investment funding update AJ confirmed that a total of £7,700 investment funding was available for older and vulnerable adults during 2024-25.</p> <p>Three applications had been considered at the Marlborough Area Board (M.A.B.) meeting 18.06.2024:</p> <ul style="list-style-type: none"> • Area Board Initiative – Open Day event, £500 • Marlborough Area Poverty Action Group summer outings - £1,000 • Arts Together – Projects for isolated and vulnerable local people - £2,500 <p>The first two applications had been granted in full and a total of £1,500 being offered initially to Arts Together with the potential to apply again at the December 2024 M.A.B. meeting.</p> <p>A further award of £1,600 had been made at to the Monday Club the MAB meeting on 1st October 2024 resulting in a total investment</p>	

	<p>allocation of £4,600 and therefore £3,100 remained available for investment during the remainder of the financial year 2024/25.</p> <p>Weblink: https://www.wiltshire.gov.uk/article/6145/Area-Board-Grants</p>	
4	<p>Marlborough HWB Open Day 6th July 2024</p> <p>JT introduced background to the health and wellbeing open day which was held in St Peter's Church on 6th July 2024 (10.00 – 15.00) as the first public facing event organised by the Group.</p> <p>AJ explained that the event had been based upon the approach which had been developed successfully in Devizes for several years.</p>	
4a.		
4b	<p>Exhibitors</p> <p>A total of 27 exhibitors had supported the Day covering a wide range of health and wellbeing services.</p>	
4c.	<p>Programme of events</p> <p>The programme of activities during the morning was planned as follows:</p> <p><i>10.00 OPEN DAY COMMENCES</i></p> <p><i>STREET ARTIST TO PARADE THROUGH THE HIGH STREET</i></p> <p><i>10.30 THE MAYOR – FORMAL OPENING</i></p> <p><i>10.40 MARLBOROUGH COMMUNITY CHOIR – Church Nave</i></p> <p><i>11.00 GREATWOOD HORSE AND SHETLAND PONY in CHURCH GROUNDS (Did not take place due to inclement weather)</i></p> <p><i>11.15 FRUCI FIT – EXERCISES and MUSIC – Church Nave</i></p> <p><i>11.30 STREET ARTIST TO PARADE THROUGH THE HIGH STREET</i></p> <p><i>12.15 AGE UK – SEATED EXERCISES – Church Nave</i></p> <p><i>13.00 STREET ARTIST TO PARADE THROUGH THE HIGH STREET GREATWOOD HORSES TO LEAVE THE EVENT</i></p> <p><i>15.00 OPEN DAY CLOSES</i></p> <p>In addition SM-M had been available to provide one to one advice including smoking cessation.</p>	
4d.	<p>Financial support for the event.</p> <p>A total of £1,000 had been awarded by the Marlborough Area Board (grants: ABG 1680 and ABG1684) to support publicity for the event notably the hire of the Street Artist, the production of the event banner and some refreshments for the exhibitors. AJ confirmed that the underspend of £264.80 would remain available during the year 2024/5 and if unused would be accrued to 2025/6.</p>	
4e	<p>Publicity</p> <p>Local publicity was recognised as important to ensure a successful event to include in the High Street on the day to attract people to the Church. The details were publicised in Marlborough News, 'Tower and</p>	

4f	<p>Town' and Penny Post. The BBC, the Gazette and Herald and local parish magazines had been notified too. Posters and flyers had been distributed to key venues in Marlborough High street including the library, Jubilee Centre, St Peter's Church, shops, the Parade Cinema and the KAMP surgery.</p> <p>Discussion Despite the unseasonal wet and windy weather the event represented a positive beginning for a programme of future similar events possibly with the inclusion of offers such as free blood pressure checks.</p> <p>Specific comments included the adding of event timings to the pre-publicity. JD emphasised the requirement for early and widespread publicity for future events. The merits of using an indoor venue were acknowledged in addressing the vagaries of the weather.</p> <p>In conclusion the Group confirmed the merits and importance of promoting awareness of health and wellbeing services and information and therefore agreed to commence planning for another public facing event in 2025 in addition to the annual networking event for the local organisations and service providers.</p>	
5. 5a	<p>Future planning Marlborough Leisure Centre upgrading JD and AJ updated the Group on the investment of £2.4m which Wiltshire Council had awarded to support the upgrading of the Marlborough Leisure Centre to include the refurbishment of the swimming pool and changing areas, increased gym facilities and a fully accessible 'changing places' WC. The squash facilities would no longer be available at the Centre and Marlborough College had made their courts available to the public.</p> <p>The work programme was due for completion in May 2025 and it was suggested that the next Health and Wellbeing Open Day be scheduled to take place at the Centre as part of the reopening arrangements although not linked to the formal opening.</p>	KM
5b	<p>Financial support for an event JD invited KAMP to consider supporting the event as a joint initiative between Wiltshire Council with its focus on ill health prevention and the NHS.</p>	
5c	<p>Accessibility The importance of encouraging the take up exercise was recognised noting the potential deterrent effect of charges for use of facilities.</p> <p>S M-M confirmed that clients who were referred for exercise to the Leisure Centre benefitted from discounts on the price for sessions.</p> <p>Alex Muse, Business Development Manager at Wiltshire Council was identified as a key contact (alex.muse@wiltshire.gov.uk)</p> <p>D was keen to ensure that future events provided information on Lasting Powers of Attorney too.</p>	

5d	<p>AJ confirmed that Park Run was free to join and that attendees were invited to walk too.</p> <p>Timescale JD confirmed that a contractor had been appointed for the Centre upgrade. Following discussion it was agreed to plan for an early autumn public open day to avoid any potential over runs on the upgrade timetable.</p> <p>The annual networking event for the local organisations would be scheduled for the spring at St Peter's Church and would ensure liaison with the Wiltshire Council's Prevention and Wellbeing Team.</p>	JT
5e	<p>Catering Alternative arrangements would be made for catering to support the public event if the Leisure Centre facilities were not available.</p>	
6	<p>Any other business</p>	
6a	<p>Stop smoking event S M-M would be holding a 'stop smoking' session at the weekly Farmers' Market in Marlborough on 9th October 2024.</p>	
6b	<p>Get out – get active' WASP would launch its new initiative 'Get out – get active' (GOGA) soon. Do to provide information when available.</p>	DO
6c	<p>Carers' together Wiltshire The Carers' together Wiltshire event would be held at the Scout Hut in Marlborough on 30th October 2024 with the aim of finding out more about local carers' needs and offering help and advice (details previously circulated to Group members)</p>	
6d	<p>Marlborough Tennis The newly refurbished and extended club house was available for local groups and organisations to use. It was noted that disability access was not yet available.</p>	
6e	<p>Age UK Wiltshire The 'Fitness and friendship' sessions were intended to support both physical activity and social interaction.</p>	
6	<p>Date of next meeting To be confirmed</p>	

ACTION SUMMARY SHEET

No	ACTION REQUIRED	LEAD
5b	To explore the potential for KAMP financial support for the proposed Open Day event	KM
5d	Networking event – to commence planning for the 2025 and to liaise with the Wiltshire Council Prevention and Wellbeing Team	JT
6b	WASP GO-GA initiative – to share details	DO