

## Information for Area Boards - June and July 2025

### Understanding Dementia, one-hour workshops across Wiltshire

Alzheimer's Support is rolling out its dementia awareness programme across Wiltshire, thanks to a grant from the National Lottery.

The one-hour sessions are designed to help people find out more about dementia, how it can affect people, and the small things people can do to help. The sessions are informal and interactive and will help participants understand more about what someone living with dementia might be experiencing, and how they can support – as a relative, friend or neighbour.

The sessions are offered free to community groups, with a small charge for businesses.

To find out more, book a session, or join our team of volunteer Understanding Dementia champions, call Annie on 01985 624005 or email [AnnieC@alzheimerswiltshire.org.uk](mailto:AnnieC@alzheimerswiltshire.org.uk).

Or go to [www.alzheimerswiltshire.org.uk/understanding-dementia](http://www.alzheimerswiltshire.org.uk/understanding-dementia) to find out more.

